

**EKIRIKUMARA
NIKIMARA!**

**ESHAARA Z'OKUCWA
EMIKEYEENO AHA MAGARA
N'EBY'ESENTE**

EKIRANGIRO EKIRIKWIGURAHU

Omu iziina ery'amaani kandi
eritainganwa erya Yesu Kristo, naimuka
hati kurangirira: Ekirikumara nikimara!
Oburwaire butwire nibubungabunga omu
mubiri gwangye ekirikumara.
Emirabanamu y'eka enyihireho
obusingye n'okushemererwa ekirikumara.
Okuburwa-sente, hamwe n'okuhatwa
biindemeireho ekirikumara.
Eri izooba, ahabw'obushoboorozi bw'
eshagama ya Yesu, ninyemerera omu
businguzi. eibara mukyeeno
ogunyezingireho, ogw'akarande,
nari ogu orikwohererezibwa, gwacweka.
Ahu oburwaire bubaire buri, ninyakiira

okukizibwa. Ahabaire haine
ekirikuburaho, ngire eki naatunga.
Ahatwire hariho okuhatwa, nintunga
obugabe.

“Kristo akatucungura omu mukyeeno
gw’eiteeka obu yaakyeenwa ahabwaitu,
ahabw’okuba kikahandiikwa kiti:

Weena orihanikwa aha muti, akyeenwe.”

(Abagalatiya 3:13)

Aga nigo mazima: Yesu akeekorera
ibara mukyeeno aha musharaba ngu
tubaase kugyendera omu kugarurwa
busya, omu magara, hamwe n’obutungi.
Eri izooba, nindangirira ntarikutiina:
Okukizibwa kwangye, okugarurwa
busya, okutunga obusinguzi omu

by'esente, hamwe n'okugira obugabe
tibyakigaruka kukyererezibwa!
Ekirikumara nikimara! Amiina.

OKUTONA

Ekitabo eki ninkitona ibara mwikiiriza
otwire narwana n'oburwaire
butarikucengyekwa, burikumuteganisa,
otwire naateeraho kukora akaremwa,
hamwe n'okuharabagana omu by'esente.
N'ekyabo abatwire bari
nk'abaakyeenirwe. N'eky'abo abashabire,
bakasiiba, kwonka nibahurira
bakikomirwe. Okukira munonga, ekitabo
eki ninkitona Yesu Kristo,
owayekoreire emikyeeno yaitu aha
Musharaba, akekorera endwara zaitu,
kandi akatwigurira omuhanda
gw'okugarurwa busya, okugira obugabe,
hamwe n'emigisha.

EKICWEKA 1: OKWETEGYEREZA EMIKYEENO OMU BY'AMAGARA, HAMWE N'EBY'ESENTE

Baibuli n'ekishoboorora kurungi, ngu omugisha n'omukyeeno n'amaani g'omutima agatwire nigahata amagara g'obuntu. Enaama ya Ruhanga aha bantu be, etwire eri ey'okugira amagara, obutarwara, obusingye, hamwe n'obugogyeeere. Entumwa Yohaana naayoreka enaama nungi egi, ku arikuhandiika ati:

“Mugyenzi wangye omukundwa, ninshaba ngu byona bikugyendere gye, ogire amagara marungi omu mubiri, nk'oku ori gye omu mutima.”

(3 Yohaana 1:2)

Ruhanga tarikushemererwa omu burwaire, obworo, omu kuhatwa, nari omu kubuzabuzibwa kw'abantu be. Ekyetengo kye n'okureeba, ngu abaana be bagyendera omu busingye, omu kitiinwa, hamwe n'omu omugisha. Kwonka n'obu kiri kityo, Baibuli kandi netwegyesa ngu ebikorwa ebimwe, ebibi, hamwe n'okukoragana okubi, nibibaasa kwigura enyigi ezirikutaatsya emikyeeno n'okuhatwa kw'eby'omutima.

Omu kitabo ky'Ebiragiro 28, Ruhanga naashoboorora emihanda ebiri y'eby'omutima:

emigisha eruga omu kworobera Ruhanga emikyeeno ereetwa okutoorobera RuhangaKandi obwe, Amakuru marungi

g’Evangili, nigagira ngu Yesu Kristo akaija kucwekyereza amaani ga ibara mukyeeno. Entumwa Paulo naarangirira amazima aga ag’amaani ati:

“Kristo akatucungura omu mukyeeno gw’eiteeka obu yaakyeenwa abwaitu, ahabw’okuba kakahandiikwa kiti: Weena orihanikwa aha muti, akyeenwe.”

(Abagalatiya 3:13)

Aha musharaba, Yesu akeekorera ibara mukyeeno, itwe ngu tubaase kutunga obusingye, okukizibwa hamwe n’omugisha. Tihariho mukyeeno gwona yaaba ogw’ira nira, ogw’akarande, ogwakugambirweho, nari ogw’omu mutima – ogwine amaani kweshumba omu obusinguzi bwa Kristo aha musharaba. Baitu abaikiriza baingi,

nibaguma bakwatiirwe omu mutego,
ahabw'okuba tibarikwetegyereza
OBUMANYISO BW'AKABI
AKEESHEREKIRE, HAMWE
N'ENYIGI Z'EBY'OMUTIMA
EZAIGURIIREHO EMIKYEENO
N'EMIRABANAMU EGI
KUTAAHAMU.

Eitembezo ry'okubanza okuhika omu
busingye, n'okumanya embeera ekuriho.
Waaheza kumanya obumanyiso
oburikworeka emikyeeno, noiya kurwana
orugamba n'obumanzi, omu shaara,
omu kweteisa, omu kwikiriza, hamwe
n'omu bikorwa.

OBUMANYISO 10 OBURIKWOREKA NGU AMAGARA GAAWE NIGABAASA KUBA GAKYEENIRWE

Yetegyereze eki: Ti buri burwaire ngu
n’omukyeeno. Obumwe nibwereeta,
kandi kaingi Ruhanga naakora naarabira
omu mibazi y’abashaho.

Kwonka obumanyiso obumwe nibworeka
okutaahwataahwamu kw’eby’omutima:

► **Oburware butarikukira,
obutarikuhurira mibazi**

N’obu hariho okukyeberwa
n’okuragurirwa kw’omuringo gwona,
baitu oburwaire buremeraho okumara
emyaka mingi – eky’okureeberaho,
endwara ezitarikukira endwara z’omunda,
nari endwara zitarikushushana, engiingo
zirikushasha hatariho kahumuro ezi

orikuguma nazo zitakizire.

► **Endwara ez'akarande, kuruga
aha ruzaaro kuza aha rundi**

Ekijwangye ky'oburwaire
bw'ekishobobo kurugira kimwe ahari
baashwenkuru, abazaire, n'okugiira
kimwe omu baana.

► **Oburwaire oburikukwata ahonaaho,
waaba nooza kuhika aha businguzi**

Eky'okureebeeraho, omwana
orikukwatwa oburwaire arikuza kukora
ebigyezo, omushuubuzi orikurwara
atakataire mukono aha bipapura
by'endagaano y'emirimo, nari omukazi
w'enda kurugwamu enda ahonaaho
erikuburwayo ebiro bikye kuzaarwa.

► **Oburuhe, nari obweremwa
bw'enyosherane**

Oburuhe obu orikuguma nabwo, nangwa
n'obu orikuba waaheza kuhuumuraho.

► **Obusaasi oburikuguma nibufuruka,
nari obu otakaabaasa kushoboorora**

Obusaasi kuruga omu mutwe bukaza
omu nda, butyo n'omu ngingo ezindi,
butarikukyengwa nabashaho.

► **Zaabutandu za buri kaanya, hamwe
n'obuhuta**

Okuguma noogwa, okusya, nari okutunga
obuhuta hatariho nshonga
erikwetegyerezibwa erikubireeta.

**Oburwaire oburikuguma
nibugarukiira n'obu burikuba
bwaraguriirwe omuntu yaakizire**
Okwehurira waaba gye ahabw'akaire,

reero oburwaire bukagarukira kimwe
n'amaani maingi.

► **Okutaahirirwa ebyago nyekiro,
ekirikuteganisa omubiri gwawe**
ebirooto bibi birikutiinisa, okutuutuka
nyekiro, nari okuremeererwa omu
mutima okirikumara amaani omu mubiri.

► **Oburemeezi omu by'okuzaara, nari
okuguma norugwamu enda.**

Okuremwa kutwara, nari enda kubura
kugumamu n'obu hariho okuragurirwa
kwona.

► **Okuremeererwa omu mutima
okw'amaani okushagatiire oburwaire.**

Okucuramirirwa, okutiina, okuhatwa,
nari okuhwa amatsiko ebirikwija
n'oburwaire bw'omubiri.

OBUMANYISO 10 OBURIKWOREKA NGU ESENTE ZAAWE NIZIBAASA KUBA ZIRIMU OMUKYEENO

► Okuguma ogumiirwe omu kutunga sente, n’obu orikuba nookora munonga Kukora obutahuumura, kwonka otarikugyenda omu maisho.

► Esente kuguma nizibura omu muringo gutarikwetegyerezibwa okukorera okufeerwa, okuzikwibaho, ebirikwereeta nk’oburwaire, emishango n’ebindi, bikaguma nibikunyagaho ebyawe.

► Okuza omu bizineesi, nari kutandikaho purogyekiti zikaguma nizigwa

Ebi waatandikireho, kuguma nibigwa

n'obu orikufayo kutaho enteekateeka ehikire.

► **Emigisha yaawe okufa aha shaaha y'aha muheru**

Emirimo ei orikuba ohairwe,
okutunguurwa aha murimo, na
zaakonturakita kuremerwa aha shaaha
y'obusinguzi.

► **Eibanja kuguma nirikanya n'obu oriyo okwaitse nooshashura**

Zaarooni hamwe n'ebindi byetaago
nibyeyongyera nangwa n'obu waakuba
nooyegyendesereza ota.

► **Akarande k'obworo**

Oshushana ngu nk'obworo okaburagwa
baasho na baashwenkuru, n'obwanyu
bw'ekika.

► **Okufeerwa ebintu, nari purogyekiti ezaatandikirweho**

Emishango y'ebibanja, okufeerwa, nari ebigwererezi kwija bikacwekyereza ebintu.

► **Enyigi zikingirwe, oihireho okwetebeekanisa**

oihireho okugira obushongokye, nari okwetebeekanisa, emigisha n'eguma ekingiirwe.

► **Emigisha omu kutunga esente baitu ezirikwija zikahwaho ekitaraariraire**
Okutunga esente z'ahonaaho, zikaija zikahwaho juba waaheza oti kuzitunga.

EKICWEKA II

OKWETEGYEREZA ENDUGIIRIRO Y'EMIKYEENO (OBUKOMOOKO)

Otakatandikire eshaara y'orugamba ey'amaani, ibara mwikiriza naaragirwa kubanza yaayetegyereza oku enyigi z'emikyeeno zirikwigurwa, hamwe n'oku zirikukingwa. Okwetegyereza enyigi ezi, ti kigyendereirwe kureetaho obwoba. Kigyendereirwe kureetaho ekyererezi, okweteisa, hamwe n'obusingye.

EMIHANDA MIKURU 25

EY'EMIKYEENO

Ahaifo ninyoreka emihanda emwe emikuru erikubaasa kurabwamu emikyeeno omu magara g'omuntu, nari omu kika kyanyu. Okukyetegyereza

nikihwera abaikiriza kusinga enyigi ezo kurabira omu kweteisa, okwegarukamu, hamwe n'ashaara.

► **Ekibi ekirikuremera omu muntu Ekyahandikirwe**

“Omukyeeno gwa Nyakubaho gugweera enju y'omubi; kwonka eka y'abahikiriire agiha omugisha.” (**Enfumu 3:33**)

Omuntu ku arikugumizamu nashiisha akigyendereire atarikweteisa, nibahendera beeshangire aheeru y'oburizi bw'omugisha gwa Ruhanga.

Erigyenda, ekyo nikibaasa nikirebekyera omu miringo nk'egi:

- obushoma-nkuzi hamwe n'enguzi
 - okugira emirimo y'obushuubuzi
- eijwiremu oburyarya (oburyarya omu buzinensi)

- ebishushani by'okwejweka busha,
hamwe n'obuheheesi

- etsindo y'amaarwa hamwe
n'ebitokooza-bwonko

- okuribatiirira abandi

- okugumizamu noohenda
n'obukyakuba kimwe aha biragiro
ikumi bya Ruhanga

Okugumizamu nooshiisha nikimara
amaani oburinzi bw'eby'omutima,
kandi kyagumizamu, nikishiisha
n'amagara gaawe, kiita emikago,
kikubuza obusingye, n'okufa kw'esente.
Baitu okweteisa nikwombeka omugisha
hamwe n'okukuha oburinzi.

► **Ekibi ky'akarande**

Ekyahandiikirwe

“Otaribiramy, n'obu kwakuba

okubiheereza, ahabw'okuba nyowe
Mukama Ruhanga waawe mba Ruhanga
w'eihato, nfubira abaana b'oruzaaro rwa
kashatu n'ab'orwa kana nimbatura ebibi
bya baishenkurubo abaanyanga.”

(Okuruga 20:5)

Amaka agamwe nigatunga ebigwererezi
nk'ebi:

- endwara zitarikukira
- obworo butarikuruga omu ka
- etsindo
- okuremwa obushwere
- ekigwererezi ekirikugwaho ahonaaho.

Ebizibu nk'ebi, obundi nibiba nibyenda
kworeka ebibi by'omu mutima ebyakuba
bitarakarabiirwe omu nzaaro ez'enyima.
Okurabira omu kweteisa n'omu kushaba,
abaikiriza nibabaasa kucwa enjegyere

ezi, n’okutandikaho akarande kasya
k’okuhikaana na Ruhanga.

► **Emitwarize y’eby’obufumu
n’eby’oburaguzi
Ekyahandiikirwe**

“Omuriawe hatarishangwamu omuntu
weena owaarabya omutabani nari
omuhara omu muriro kuba ekitambo;
nari orikuragura, nari omufumu, nari
omuhanuuzi w’ebirikubaho, nainga
omucecezi, nainga omuhatiki w’engisha,
nari orikugambirwamu emizimu, nari
omurogi, nainga orikuhinza abazimu.
Manya weena okora ebyo aba ekihagaro
ahari Nyakubaho.” (**Ebiragirowe 18:10-12**)
Eby’obufumu eriigyenda nibireberwa
omu miringo mingi.

Eby'okureeberaho birimu nk'ebi:

- okuza kwebuuza omu bafumu
- okuza omu barangi, nari abahanuuzi b'ebirikubaho
- Okuhinza abakuzimu nari okukuratiraemigyenzo
- okukoresa ebishaka ahabw' okwerinda, nari kurinda obutungira Egi emitwarize neeyiguraho enyigi z'eby'emitima ez'akabi.

► **Okuramya ekitari Ruhanga
(emiringo eya kare n'eya hati)
Ekyahandiikirwe**

“Nyakubaho naagira ati: Omuntu oyesiga ondiiho muntu, akata amatsiko omu mubiri kwonka, akaanyihaho omutima, akyeenwe.” **(Yeremiya 17:5)**
Okuramya ekitari Ruhanga tikirikukoma

aha kuramya ebishushani okwa kare.
Obwa hati nikibaho, haagira ekintu
kyona ekyaza omu mwanya gwa
Ruhanga omu gara g'omuntu.

Ebirikuramibwa ebya hati nibibaasa
kubamu ebi:

- okukunda munonga esente hamwe
n'etitungo
- okusinda, okuteera waakareeba,
hamwe na beetingi
- okuhugira aha mizaano nari shosho
mediya okurengahaire
- okuramya ba nyarurungi, hamwe
n'okukunda ebitiinisa
- okwesiga ebishaka hamwe
n'ebinogoirwe, nari ebibaizirwe

Buri kintu ekirikuteebwamu obwesigwa
omu mwanya gwa Ruhanga,

mporampora nikihinduka emandwa
y'omutima.

► **Okusheesha eshagama, hamwe
n'oburyane**

Ekyahandiikirwe

“Nyakubaho nawe amugira ati:

Waakora ki? Reebe eiraka ry'eshagama
ya murumuna waawe nirimpururiza
omu itaka.” (**Okutandika 4:10**)

Baibuli neetwegyesa, ngu eshagama
eteine rubanja necurira omu maisho ga
Ruhanga. Eki harimu:

- okwita
- okwihamu enda
- akajoogano n'okutaba w'amazima
- okuribatiirira abataine maani

Ebikorwa nk'ebyo nibireeta emikyeeeno

y'amaani omu mutima, erikuragirwa kutambirwa kurabira omu kwegarukamu hamwe n'okushaba.

► Okutatiina bazaire

Ekyahandiikirwe

“Otiine shoimwe na nyoko ebiro byawe bibone kuba bingi omu nsi, ei Mukama Ruhanga waawe yaakuhaire.”

(Okuruga 20:12)

Okutatiina bazaire nihabaasa kubamu nk'ebi:

- okubanagaho
- okubagirira enziika
- okwanga kugarukana nabo

Okugaruraho ekitiinisa ky'abazaire, kaingi nikushumuurura emigisha eteteekateekirwe, hamwe n'okukizibwa.

► Emitwarize y'obutaanyi

Ekyahandiikirwe

“Mugume mwetantare ebikwatiraine n'eby'obushambani. Ekibi ekindi eki omuntu akora kiba kitaine kakwate na mubiri, kwonka oshambana akora ekibi ekishiisha omubiri gwe.”

(1 Abakorinto 6:18)

Ebikorwa by'obushambani eby'eriigyenda, kaingi nibigyenda n'emitwarize erikwita omutima.

Eby'okureeberaho birimu:

- kuremera omu by'okwejweka busha
- obushambani
- emikago mibi y'obutaanyi

*okutembera aha bandi/ okukozesa kubi abandi Ebikorwa nk'ebyo nibibaasa

kwigura enyigi z'ebironda by'omu
biteekateeko hamwe n'okuhatwa omu
by'omutima kurabira omu mikyeeeno
hamwe n'okutaahirirwa ebyago.

► **Okunyuunyuuta abooro**

Ekyahandiikirwe

“Omuntu ohata abooro ngu ayekanyisize
eitungo, nari ogabira abatungi,
aryakyena.” (**Enfumu 22:16**)

Ruhanga narwanirira munonga abanaku
abakyene Obushoma-nkuzi, emishaara
etahikire, hamwe n'okuhata abandi,
nibibaasa kureetereza obutaba gye omu
mutima.

► **Okuhenda ebrahiro ebirikwera**

Ekyahandiikirwe

“Ku origira eki waahigira Ruhanga no

omuraganisa, otarituuraho kukihikiiriza;
ahabw’okuba tashemerererwa bashema.”

(Omurangirizi 3:4)

Endagaano ezirikukorerwa omu maisho
ga Ruhanga biine ziine amaani maingi
omu by’omutima.

Okuhenda endagaano z’obushwere,
ebiragaano by’obunyadiini, okusiigwa,
nari ebindi biragaano by’amaani
otarikutunga Penetensiya, nikibaasa
kukwiguriraho enyigi z’emikyeeno.

► **Obushuma hamwe n’obushoma-
nkuzi**

Ekyahandiikirwe

“Ogwo n’omukyeeno ogurikushohora
kubuga ensi yoona. Nigugira guti:

Omuntu weena orikwiba
aryahwerekyerezibwa.” **(Zekariya 5:3)**

Eitungo ry'oburyarya niribaasa
kureeta akabi keesherekire.

Ruhanga naaheereza omugisha
omurimo ogukozirwe omu mazima,
kandi ogw'ekitiinisa.

► **Ebibina by'ensherekwa hamwe
n'ebirahiro ebisherekirwe
Ekyahandiikirwe**

“Mutarikwatanisa n'abataikiriza.

Mbwenu okuhikiirira kwine kakwate
ki n'okutahikiirira? Nari omushana
gukwatanisa guta n'omwirima?”

(2 Abakorinto 6:14)

Ebitongore ebimwe byetenga okugira
endagaano z'enaama, emigyenzo
eyesherekire, nari okweraganisa
kw'omu mutima.

Enyimaho, nangwa na hati, abantu

bamwe bagamba aha enkora
y'abashomire eyesherekire, emyanya
y'eby'oburaguzi, nari zaaguruupu
ezirikushoboororwaho nk'ebitongore
bya iluminati.

Hariho akabi akari omu ndagaano
y'omu mutima, nari ekiragaano
ekyakoziirwe. Abakrisito nibaragirwa
kwehara guruupu yoona erikwenda
obwesigwa bw'omutima gwawe,
oburikuharikana n'okwikiririza
omuri Kristo.

► **Ebibina bisya by'ediini**
by'emyaka egi
Ekyahandiikirwe

“Mwerinde hatakaagira owa
ababeihehesa ebigambo
by'obwengye, n'oburyarya butarimu

nsha.” (**Abakolosai 2:8**)

Ebigombe bingi by’ediini ebya hati
nibiraganisa okukizibwa, nari
okumurikirwa, baitu bijwanzya e
nyikiiriza erikuhakanisa obukrisito.
Eby’okureeberaho ni nk’ebi:

- emigyenzo
 - ebirikutegyeka omutima
 - emitima erikubeihabeiha
 - okugaruramu amagara
- harikukoresibwa amaani

gatarikumanywa gye

Ebikorwa nk’ebyo nibibaasa kureebeka
nk’ebitari by’akabi, baitu nibibaasa
kwigurira enyigi okubeihwabeihwa
kw’eby’omutima.

► **Okuremera ebikwato ebirikuzira.**

Ekyahandiikirwe

“Otarireeta omu nju yaawe ekintu kirikuzira, okakyeenwa nkakyo. Ogume okyangire kimwe, okinugye, ahabw’okuba n’ekikyeenirwe.”

(Ebiragiro 7:26)

Ebikwato ebirikuzira nibibaasa kubamu nk’ebi:

- ebishaka by’okurogyesa
- ebikwato by’emigyenzo
- ebitabo ebirikukoresibwa omu by’obufumu

Okubibinga, kaingi nikigarura obusingye omu maka

► **Emigyenzo y’obukafiiri**

Ekyahandiikirwe

“Ngabusha! Kureka nimmanyisa ku ebi

abakafiiri batamba, babihongyera emandwa, atari Ruhanga.”

(1 Abakorinto 10:20)

Emigyenzo y’eby’obuhangwa etari emwe n’emwe, ebasa kwimutsya amaani mabi obwe abantu barikushaba oburinzi nari eitungo. Abakristo bashemereire kwegyendesereza kandi baijukye kutakora kintu kyona ekirikwihaho obwesigwa bwabo omuri Kristo

► Okugumizamu kugomera Ruhanga Ekyahandiikirwe

“Kwonka ku oriba otakozire ebi Mukama Ruhanga waawe akuragiire, nari waayanga kutaho omutima kuhitsya ebiragiyo bye byona, n’ebi yaateireho, ebi ndikukuragiira eriizooba, emikyeeno egi yoona eryakwijaho ekwinaze.”

(Ebiragi 28:15)

Kworikugumizamu n’obugomi nibuhika
bwihaho oburinzi bwa Ruhanga.

Kwonka okweteisa buriiho nikugaruraho
embabazi za Ruhanga hamwe
n’oburinzi bwe.

► **Endagaano z’akarande**

Ekyahandiikirwe

“Ku muraabe mutarikwenda kuheereza
Nyakubaho, eri izooba nimutoorane ou
muraahereze. Kwonka nyowe n’eka
yangye turyaguma nituheereza
Nyakubaho.” (Yoshwa 24:15)

Baatatenkuru abamwe bakahongyera
amaka gaabo amaani ga Sitaane,
barikwenda kutunga oburinzi hamwe
n’obutungirwa.

Okurabira omuri Kristo, endagaano

nk'ezo nizibaasa kwehakanwa z zicweke.

► **Obwangane n'obutasaasirana
Ekyahandiikirwe**

“Ku muriba mutasaasiire bantu ebibi byabo, na Shoimwe ow'omu iguru taribasaasira byanyu.” (**Matayo 6:15**)

Obushaarire nibukoma omutima.

Okusaasirana buriiho nikukomoorora okukizibwa, kureeta n'obusingye.

► **Okugamba emikyeeno aha
mutwe gw'endiho
Ekyahandiikirwe**

“Turuhimbisira Mukama Tataitwe, kandi turukyeenesa abantu, abaahangirwe omu nshusha ya Ruhanga. Omuri ako kanwa, harugamu okuhimbisa n'okukyeena. Ekyo

tikishemereire kuba kityo.”

(Yakobo 3:9-10)

Ebigambo nibyokorera oburemeezi bw’amaani. Abaikiriza nibaragirwa kutoorana omugisha omu mwanya gw’emikyeeno.

► **Okwegambaho mabi (okwekyeena)**
Ekyahandiikirwe

“Orurimi rugira obushoboorozi bw’okwita n’okukiza; ebi rugamba nibyo biba ebijuma byarwo.” **(Enfumu 18:21)**

Ebigambo nk’ebi:

- Tihariho ekiribaasa kunkorera
- Amagara gangye gakyeenirwe
- Ninyija kuguma ndi omworo

Ebi orikwegambaho nibyo birikwombeka entekateka yaawe hamwe n’embeera y’omutima guratuuremu.

► Okwakiira ebigambo by'emikyeeno Ekyahandiikirwe

“N’ahabw’ekyo tihariho ky’okuroga Yakobo, n’obu kwakuba okuragurira kubi Isiraeli.” (**Okubara 23:23**)

Okurabira omuri Kristo, abaikiriza baine obushoboorozi kwanga ibara mukyeeno ogubagambirweho.

► Amagoba mabi Ekyahandiikirwe

“Ebishi otungira eka ye amagoba mabi, ngu akaatunguura ekyashuri kye kireka kuhikwaho akabi, aryakareeba!”

(**Habakuuku 2:9**)

Eitungo eritungirwe kurabira omu mihanda mibi, buriiho nirireeta emikyeeno, nari heesherekirwemu akabi.

► **Omwetunguuro hamwe
n’okwehakana Ruhanga
Ekyahandiikirwe**

“Ruhanga arwanisa abeetunguura,
kwonka abeebundika abaha omugisha.”

(Yakobo 4:6)

Okwebundika nikwombeka obuganzi
kuruga omu iguru, hamwe n’oburinzi.

► **Okwanga kubeera Ruhanga efura
Ekyahandiikirwe**

“Mbweni omuntu akaaryangatanisa
Ruhanga? Manya nimundyangatanisa.
Nimundyangatanisiza omu bya kimwe
kya ikumi kyanyu, n’omu mitoiyo
yaanyu.” **(Malaki 3:8)**

Obufura n’ekikwato kikuru
ky’obwesigwa.

► Okutuurira omu kutiina

Ekyahandiikirwe

“Ahabw’okuba eki ndikutiina nikyo kirikumpikaho, n’ekirikunyitsa obwoba nikyo kirikungwera.” (Yobu 4:25)

Okutiina nikwigurira Sitaane enyigi kukubonabonesa. Okwikiriza nikugaruraho obusingye hamwe n’obushoboorozi.

► Okukoresa kubi nari okuhagaza isakaramentu rya Ukarasitiya

Ekyahandiikirwe

“Omuntu weena orikurya omugaati ogwo, akanywa ekikopo kya Mukama atashemereire, aryasingwa orubanja rw’okuhagaza omubiri n’eshagama ebya Mukama. Nikyo baingi omuriimwe

baaburiirwe amaani bakarwara,
n’abamwe bakafa.”

(1 Abakorinto 11:27-30)

Omuhikiriire Paulo naarabura ngu
okutunga Ukarasitiya oteeteisize, nari
oteegarukiremu, nikibaasa kukureetera
orubanja. Ukarasitiya n’Omubiri
n’Eshagama ebya Yesu Kristo
ebirikwera, kandi buriiho nibiragirwa
kutungwa n’okwekyehesa hamwe
n’okwikiriza.

OKUCWA EMIKYEENO

► Okweshwijuma

Shaba Mutima Orikwera kukucaaka
omu mutima gwawe, n'okukworeka
buri kimwe ekirikwetaaga kukizibwa
nari kwegarukamu. Eky'okureeberaho,
shaba oti:

Mutima Orikwera, nyoreka ekintu
kyona omu magara gangye
ekirikwetenga kwegarukamu nari
kwerugamu.

“Oncaakye, oreebe omuriinye ku
haraabe harimu oburyarya; onyebembere,
ngume omu muhanda gwawe ebiro
byona.” (Zaaburi 139:23)

► Okweteisa n'okushaba okusaasirwa
Ruhanga ku arikukworeka ekibi,
garukamu n'omutima guhendekire.

Omu nyikiriza y'Abakatoliki, eki
nikihenderera omu kutunga
eisakamentu rya Penetensiya.
“Ku twatura ebibi byaitu, Ruhanga
ahabw'okuba n'omwesigwa kandi
ohikiriire, abitusaasira kandi atwozyaho
ebitahikire byona.” (1 Yohaana 1:9)
Okweteisa nikureeta okusaasirana,
okwezibwa, hamwe n'obusingye
bw'omu mutima.

► **Okusaasirana**

Okutasaasira nikubaasa kurekaho
ebironda, kandi n'okuremesa emigisha.
Toorana okusaasira abo
abarikukushaagiza. Gamba oti:
“Mukama Yesu, ninsaasira abo
abarikunshaagiza, n'okubendeza
embabazi zaawe.”

“Manya ku murisaasira abantu ebibi byabo, naimwe Shoimwe ow’omu iguru taribasaasira byanyu.” (**Matayo 6:14**)

4. Okwanga N’okwehakana ebya Sitaane N’emirimo ye Yangira kimwe ibara mukyeeno, obuhabuzi bubi, hamwe n’endagaano etarimu obwa Ruhanga.

Rangirira oti:

“Omu iziina rya Yesu Kristo, ninyangira kimwe ibara mukyeeno, amaani g’ebirikuzira, hamwe n’obukwatwa aha magara gangye.”

“Mworobere Ruhanga; mugungire Sitaane nawe naija kubahunga.”

(**Yakobo 4:7**)

► **Yeemerera aha businguzi
bw’Omusharaba**

Obusinguzi bwawe nibwija niburabira
aha musharaba gwa Yesu Kristo
n’Okuzooka kwe “Ahari ogwo
musharaba, Kristo niho yaayakiire
abategyeki n’ab’obushoboorozi
ebikwato, akabashungisa butunu
naabeesingurira we wenka.”

(Abakolosai 2:15)

**EKICWEKA KYA KASHATU:
ESHAARA Z'OKUCWA EMIKYEENO
EKIRO KY'OKUBANZA**

**OMUNTU WE WENKA OKWETEISA
OMU MAISHO GA RUHANGA**

Okugarukira embabazi z'O musharaba,
n'okukinga ibara rwigirwe orwaigwirwe
ekibi Omu iziina rya Taata, n'erya
Mwana, n'erya Mutima Orikwera.
Amiina.

**EBIHANDIICO EBIRIKWERA
AHABW'OKWETEISA HAMWE
N'EMBABAZI**

Eitembezo ry'okubanza kuza omu
busingye, n'okweteisa. Ibara mukyeeno
ogurikuteganisa amagara gaawe, esente
zaawe, nari obusingye bwawe, kaingi
gwine orwigi orwigwirwe ekibi eki

oteteisiize. Eri izooba, noiya kuringa
enyigi ezo, otyo oshabe embabazi za
Ruhanga.

“Ku twatura ebibi byaitu, Ruhanga
ahabw’okuba n’omwesigwa kandi
ohikiriire, abitusaasira, kandi atwozyaho
ebitahikire byona.” **(1 Yohaana 1:9)**

“Abo bantu bangye abaanyetererwa,
baayebundika, baashaba, bansherura,
kandi baareka emitwarize yaabo mibi,
obwo ndyabahurira ninyema omu iguru,
mbasaasire ebibi byabo, nkize ensi
yaabo.” **(2 Obusingye 7:14)**

“Ai Ruhanga, ompangyemu omutima
gushemeire, ontemu omutima guhamire.”
(Zaaburi 51:10)

“Mwegarukyemu mukubuukire Ruhanga,

ebibi byanyu biihweho. Obwo nibwo Mukama araabahe obunaku bw'okuruhuukiramu.” (**Entumwa 3:19**)

“Mugarukire Mukama Ruhanga waanyu, ahabw'okuba aba ow'embabazi, kandi ow'esaasi. Tarahuka kuguubwa kubi, agira rukundo etahararuka, kandi tayenda kukora kabi.” (**Yoeli 2:13**)

“Onyogyezeho kimwe ebicumuro byangye, ekibi kyangye kindugireho kimwe nyere.” (**Zaaburi 51:2**)

Twara akaire ohurikirize Mutima. Reka akushuururire ekibi kyona, omuze, nari ekikuremereire kyona ekiri omu mutima gwawe. Okweteisa kwawe eriizooba nibwo businguzi bwawe.

ESHAARA Z'OKWETEISA N'EMBABAZI

(Shaba n'okwekyehesa kandi oteireho
omutima. Buri nshonga n'ekikwato
ky'omutima ekirikurandura omuzi
gw'ekibi, hamwe n'emikyeeno)

► Taata, ninkusiima ahabw'embabazi
zaawe, ezitakaremwaga, nangwa n'obu
naakugwa. (nyowe nobundikuremwa)

► Mukama Yesu, ninkusiima
ahabw'eshagama y'Omusharaba,
enyogyezaho kimwe ibara kibi kuruga
omu magara gangye.

► Mutima Orikwera, nyoreka ibara
kibi ekyesherekire, ekiteekateeko, nari
ekikorwa ebyakuba byakugwisize kubi.

► Taata, ninyeteisa ahabwa ibara kibi

ekyakuba kirikumanywa omu mutima gwangye, ebigambo byangye, hamwe n'ebikorwa.

► Mukama, ninyeteisa ahabwa ibara kibi eki naakuba ntarikumanya, ekyahaire omuzigu Sitaane omwanya omu magara gangye.

► Taata, nsaasira ahabw' omwetunguuro, okwemanya, hamwe n'amaryo ebyaiguriireho omuzigu orwigi.

► Mukama, nyozyaho amaryo, obugomi bwona, hamwe n'okwekunda ebiri omu magara gangye.

► Taata, ninyeteisa ahabw'okutafayo, okukusaasa, nari ebigambo bibi ebi naagambire.

► Mukama, nsaasira ahabw'okugamba kubi, okubaangaanisa, hamwe n'okweyanga omu magara gangye, n'omu sente zangye.

► Taata, ninyeteisa ekiniga, obushaarire, rwango, hamwe n'obutasaasira, ebiri omu mutima gwangye.

► Mukama, onsaasire ebibi byangye byona eby'okuramya ekitari Iwe Ruhanga, omu hari esente, amashemererwa, hamwe n'ebya kanyabwengye.

► Taata, ninyeteisa obwoba bwona, okushoberwa, hamwe n'okwerarikirira ebi ntwire nabyo.

► Mukama, nincwa ibara mukyeeno ogu naayekyeenire, okwegambaho kubi,

hamwe n'ebigambo by'okwehwa
amatsiko ebi naayegambireho.

► Taata, onsaasire ebikorwa byona
eby'obugobyanya, obushuma, nari
okukoresa kubi ebintu ebyankwatsiibwe.

► Mukama, nyozyaho obutashemera,
obwenzi, hamwe na ibara kyetengo
kitashemeire, byona ebirikukugwisa
kubi.

► Taata, ninyeteisa ahabw'okutafayo
kushoma eshaara, okuza kuramya,
hamwe n'okweteerana naiwe.

► Mukama, ninyangira kimwe ekibi
kyona ekisherekire, omuze
ogusherekire, nari okutwaririzibwa
omu bwesherekye.

► Taata, onsaasire okubangaanisa
ahaby'orikumpeereza, aha maani gaawe,
hamwe n'aha biraganiso byawe.

► Mukama, ninyeteisa ahabwa ibara
murundi ugu naayesigire omuntu
ondiiho, esente, nari ebikorwa omu
mwanya gwa Iwe.

► Taata, nincwa orujegye rwona
orw'okwetiina, orw'okuhemuka, hamwe
n'orw'okwecwera orubanja.

► Mukama, ninyikiriza ibara
mukyeeno ogwine akakwate n'ebibi
byangye, kandi ndangirira, ngu
gucwanyaguzibwe amaani
g'O musharaba.

► Taata, garura busya omutima
gwangye, omubiri gwangye, esente

zangye, hamwe n'omugisha gwangye
kuruga omu bikorwa by'ekibi.

► Mukama, ompeereze amaani
g'okutuurira omu burikwera, omu
buhurizi, n'omu businguzi buri izooba.

► Taata, nindangirira ngu tihaakiriho
kigambo kibi, omukyeeno, nari Sitaane,
eki kirikuntegyeka kuruga ekiro eki
n'okweyongyerayo.

► Mukama, nshwekyesa eshagama ya
Yesu, kandi oikirize ekingire kimwe
ibara kicweka ky'amagara gangye
kuruga omu kibi.

► Taata, reka omugisha gwona
ogutwire gukingirwe ekibi, hati
gurekurwe gushuume gwije.

► Mukama, reka embabazi zaawe

zigambe munonga okukira
ebirikuntabaarizibwa, nari okuncwera
orubanja.

► Taata, nindangirira obusingye,
okukizibwa, hamwe n'okugarurwa
busya kw'amagara gangye, eka yangye,
amagara, hamwe n'esente zangye.

► Mukama, ninkusiima ahabw'okuba
okusaasira kwawe kwagarura busya
amagara gangye, kwampindura oijwire.

► Taata, ninkuheereza ekitiinwa,
kandi ninkusingiza, ahabw'okuba
n'Iwe wenka oshemereire amagara
gangye, amaani gangye, esente zangye,
hamwe n'omugisha gwangye.

OKUHENDERA

Ekitiinwa kibe ahari Taata, n'ahari
Mwana, n'ahari Mutima Orikwera,
nk'oku kyabaire kiri kare na kare,
kibekwo na hati, n'obutoosha, n'ebiro
byona. Amiina.

(Eshaara egi gishome emirundi eshatu)

*Omu iziina rya Taata, n'erya Mwana,
n'erya Mutima Orikwera. Amiina.*

EKIRO KYA KABIRI OKWETEISA AHABW'EKIKA KYAITU

Kwemerera omu mwanya ahabw'ekika
kyaitu (okureebera ahari Ezra-Daniyeli)
Omu iziina rya Taata, n'erya Mwana,
n'erya Mutima Orikwera.

EBIHANDIIKO EBIRIKWERA

“Nkashaba Mukama Ruhanga wangye,
naayatura ningira nti: Ai Mukama
Ruhanga, omukuru kandi otiinwa, Iwe
orinda endagaano, okagirira embabazi
abakukunda bakakuratira ebiragi
byawe; tukacumura, twashobya, twakora
ebitahikire, twagoma nititeishuka ebi
waataireho.” **(Daniyeli 9:4-5)**

“Mbweni, Ai Ruhanga waitu, ku oraabe

otugiriire embabazi zirikwingana zityo,
ekindi tugambe ki? Reeba tusigireho
ebiragiho byawe, ebi waaragiriire omu
baheereza baawe abarangi, noogira oti:
Ensi ei murikuza kutaahamu kukubuura,
n’ensi esiisikaire, ahabw’ebihagaro
by’abantu b’omuri ezo nsi,
n’ebirikunugwa byabo ebijwire oku
n’oku, hamwe n’oburofa bwabo.”

(Ezra 9:10-11)

“Ai Ruhanga wangye, tega okutu
ohurire, buuruura amaisho oreebe
okweshobera kwaitu, hamwe n’orwo
rurembo rurikwetererwa eiziina ryawe.
Manya titurikukweshengyereza ahabw’
okuhikirira kwaitu, kureka ahabw’
embabazi zaawe nyingi.”

(Daniyeli 9:18)

“Mugire omutima gweteisize, kutari kutaagura ebi mujwaire. Mugarukire Mukama Ruhanga waanyu, ahabw’okuba aba ow’embabazi, kandi ow’esaasi.

Tarahuka kuguubwa kubi, agira rukundo etahararuka, kandi tayenda kukora kabi.”
(Yoeli 2:13)

ESHAARA Z'OKWETEISA AHA BW'EKIKA KYANYU

(Shaba munonga oine okwikiriza.
Yeshushanirize oyemereire omu maisho
ga Ruhanga omu kishengye
ky'eiramuriro omu iguru, baashwenkuru
abakuru bakwemereire ahari ibara
rubaju, na Mutima ariyo naabaruura
ebibi ebutuura bisherekirwe)

► Mukama Ruhanga, nitwimutsya
amaraka gaitu n'emitima erikutetema,
turikwikiriza ebibi bya baatatenkuru
hamwe n'ebyaitu; twine enshoni,
nituhogyera embabazi zaawe.

► Taata, saasira ekika kyaitu ebikorwa
byona eby'okuramya ekitari Iwe
Ruhanga, eitungo, emirimo, ekitiinisa,
okujajama, hamwe n'okwenda

kumanywa omu bantu, byona
okubikweshumbya.

► Mukama, nitweteisa ahabw'emigyenzo
ya bwesherekye, ebitambo, hamwe
n'okuza bwesherekye omuri baaruhanga
b'ebishuba, emizimu, hamwe n'amaani
g'omwirima.

► Taata, gira embabazi aha kusheesheka
kw'eshagama eteine rubanja omu kika
kyaitu, yaaba omu bikorwa, omu
butafayo, nari omu butamanywa.

► Mukama, saasira emitwarize mibi,
okuhata abandi, hamwe n'obuzigu
ebyakozirwe abaatwebembeire,
abarikumanywa n'abaakuba baayebire.

► Taata, nitweteisa ahabw'okutafa aha
kigambo kyawe, abarangi baawe,
n'ebiragiro by'omu ndagaano yaawe.

► Mukama, saasira ebibi bya bwesherekye, okuhemuka kwesherekire, n'ebikorwa by'okuteegarukamu ebirikuhurirwa omu kika kyaitu.

► Taata, nitweteisa ahabw'obwire bwona obu twayejwangize omu by'obufumu, obuceecezi, omu bibiina ebirikuzira, endagaano za bwesherekye, nari emikago etari y'obwa Ruhanga.

► Mukama, girira embabazi aha mwetunguuro, amaryo, akagayano ebyatuhikireho kurabira omu nzaaro zikurateine.

► Taata, saasira okukoresa kubi ebihembo, ebicoonco, hamwe n'emigisha ebyahairwe ekika kyaitu.

► Mukama, nitweteisa entuura

y'oburwaniza, okuhoora enzigu,
okwita, hamwe n'obuzigu obu tutwire
twine kurabira omu kika kyaitu.

► Taata, saasira okunagaijura
embabazi zaawe, oburingaaniza,
hamwe na rukundo ebyakubaire
nibireebwa butunu omu kika kyaitu.

► Mukama, saasira ebiragaano bitari
by'obwa Ruhanga, ebiraganiso,
hamwe n'endagaano ebitarakuhaisize
kitiinisa omu kika kyaitu.

► Taata, niturira ahabwa buri kigambo
ky'okweyanga, okwehwa amatsiko,
nari n'okweraguraho kubi
ebyagambirwe aha kika kyaitu.

► Mukama, saasira okuhugira omu
mashemererwa g'omu nsi, okukunda
ekirenga, hamwe n'okugira ebi

twayekomaho, tukaba nibyo twataho
amaisho omu mwanya gwawe.

► Taata, gira embabazi aha mururu,
okubuzabuzibwa, hamwe
n'okutemberwaho ebitwire omu
shagama y'ekika kyaitu.

► Mukama, saasira ebishuba,
obureebya, hamwe n'obushuma ebi
twakomoire omuri baatatenkuru.

► Taata, nitweteisa emikyeeno,
ebigambo by'akabi, hamwe
n'ebigyendererwa bibi, ebituura
nibigambwa omu kika kyaitu.

► Mukama, nsaasira okuramya
ebishushani omu miringo y'omurembe
okusinda shosho-midiya, emizaano
mibi, n'okukuratira ebitarimu muhoho.

► Taata, nsaasira okubaihwabaihwa, enkoragana za bwesherekye, hamwe n'ebikorwa by'enaama ebyakugisize kubi omuri baatatenkuru.

► Mukama, nitweteisa emikago eyaasheeniyukire, okutaanagurukana kw'ebika, hamwe n'emikyenjano etarikushoboororwa ebyahindukire enjegyere z'akarande.

► Taata, gira embabazi aha ndwara z'akarande, obweremwa, hamwe n'obuteeyamba.

► Mukama, saasira ahabw' okunagaijurwa kw'abarangi baawe, ekigambo kyawe, hamwe na Mutima waawe ekyareeteire omwirima gwatimba.

► Taata, nitweteisa ahabw'endagaano za bwesherekye ezi twakozire n'amaani

g'omubi, amaani g'ebirikuzira, hamwe n'ebigombe ebyesherekire.

► Mukama, saasira akarande k'obwoba, ak'obushoberwa, ak'okucuramirirwa, hamwe n'ak'okuhatwa omu kika kyaitu.

► Taata, gira embabazi aha buhemukye, okwangwa, okwegaya, hamwe n'okuhemurwa okwaizire kurabira omu nzaaro zikurateine.

► Mukama, saasira emigisha yoona ey'okukuhaisa ekitiinwa, emihanda yaawe ogihaise ekitiinwa, kandi ogyendere omu buhurizi.

► Taata, saasira obugomi, okweteera, n'okwenda kuremesa Mutima waawe kuguma naasheneneka naashuuma omu kika kyaitu.

► Mukama, nitweteisa ahabw'ebibi

ebyakyerereize emigisha, okukizibwa, obuganzi, hamwe n'obusinguzi.

► Taata, okurugiirira aha bushemere bwawe, hamwe n'embabazi, reka ekiniga kyawe na kashanga bitatuhikaho, itwe n'ab'amaka gaitu, hamwe n'ebika byaitu. Otusaasire, otweze, kandi orinde ekika kyaitu ahabw'ekitiinwa ky'eiziina ryawe. (Ezera 9:13-15)

OKUHENDERA

Mukama, okurugiirira aha kushemera kwawe okw'amaani, reka ekiniga kyawe na kashanga yaawe biturugyeho n'ab'omu maka gaitu, hamwe n'ebika byaitu. Otusaasire, otushemeze, kandi ogarure n'eka yaitu omu buteeka, ahabw'oburungi bw'Eiziina ryawe, n'endagaano y'embabazi.

Ekitiinwa kibe ahari Taata, n'erya
Mwana, n'erya Mutima Orikwera,
nk'oku kyabaire kiri kare na kare,
kibe kwo na mbwenu, n'obutoosha
n'ebiro byona. Amiina.

(Eshaara gishome emirundi eshatu)

***Omu iziina rya Taata, n'erya
Mwana, n'erya Mutima Orikwera.
Amiina.***

EKIRO KYA KASHATU OKUREETAHO OKUSAASIRANA N'OKUTAMBIRA OKUHUTAAZIBWA

Omu iziina rya Taata, erya Mwana,
n'erya Mutima Orikwera. Amiina.

EBYAHANDIIKIRWE

**EBIRIKUHUGUURA OMUTIMA
GWAVE**

“Bwanyima Petero akaija yaabuuza Yesu
ati: Mukama wangye, mwene tata ku
araagume yanshaagiza, musaasire
kangahi? Mpitsye emirundi mushanju?
Yesu yaamugarukamu ati: Tindikukugira
nti: Ogarukire aha murundi mushanju,
kureka makumi mushanju emirundi
mushanju.” (**Matayo 18:21-22**)

“Yaabakiza okweshobera, kandi
yaabashemba obuhuta.” (**Zaaburi 146:3**)

“Ku haraabe hariho oine eki arikufa na mugyenzi we, bugusiririzane kandi basaasirane.” (**Abakolosai 3:13**)

“Ebyanyu byona ebibashobeire mubimwegyekyerere, ahabw’okuba naabataho omutima.” (**1 Petero 5:7**)

“Yaimwe abaruhire n’abaremereirwe, nimwije ahariinye, mbaruhuure.” (**Matayo 11:28**)

- Okusaasira n’ekikorwa kirungi. Torikwetaaga kubanza kukyehuririramu kimwe – iwe fa kutandika n’okweta eiziina ry’omuntu, embeera, nari oku waijuka. Ruhanga naija kuhwera ebiteekateeko kukuratira ebikorwa.
- Gamba kurungi orikwetwara, orikugamba munonga, nari omu

mutima gwawe. Yooreka akashaasho
nari obushaarire, orikwimutsya
nk'orikukiriza ekintu kiremeire.

- Hunamaho ahagati y' eshaara,
oikirize Mutima wa Ruhanga ayozye
omutima gwawe.

- Ijuka: aka niko kaire kaawe na
Ruhanga, tihariho kutaragaza,
tihariho mpaka – okwihaho okuteera
ekigyere oyorekyereire kuza omu
busingye.

ESHAARA AHABW'OKUSHABA ENEEMA Y'OKUSAASIRA N'OKUKIZIBWA

(Twara akaire kaawe ohunameho, oitsye, oyete abantu amaziina, embeera, nari ogambire munonga Yesu ebirikubaho. Reka eshaara zeereete nizisheneneka.)

► Mukama Yesu, nindeeta omu maisho gaawe (eiziina nari ekishushani) ebyandeeteire enaku nyingi.

Ninkwigurira omutima gwangye, onkize.

► Taata, ninyetuura ekiniga nari ekirikunsaasa ebi ntwire nyekoreire (ekintu nari omuntu.

► Mukama, ninsaasira abazaire bangye, empa-buhwezi, nari abantu b'omuka ahabwa buri nshobi, nari okuunaagaijura,

kandi nkushaba kuntambira ebironda ebyo.

► Taata, mpwera na nyowe nyenka kwesaasira ahabw'encwamu yangye, enshobe zangye, nari okwecuuza okutwire omuriinye obwire buraingwa.

► Mukama, ninyeyihamu obushaarire, rwango, nari ebiteekateeko bigumire, n'obu byakuba nibireebeka nk'ebiremeire, nari ebitarikwetegyerezibwa.

► Taata, ninsaasira abo boona abaandeebize, nari abampabeise, ndikugamba amaziina gaabo omu maisho gaawe.

► Mukama, nimbingira kimwe obwoba, okushoberwa, nari okuhemuka ebirikukomooka omu binaarabiremu

enyima.

► Taata, ntambira ebironda
ebyandeeteirwe okunagaijurwa,
okusigwaho, hamwe n'okuguma
nyenka.

► Mukama, ninsaasira ebigambo
birikusaasa, eby'okuseetera, nari
okucamagurwa, byona ebingambirweho.

► Taata, ninyeyihamu obuhemukye,
nari okushwazibwa, ntyo nshaba
obusingye bwawe kuba nibwo bwaza
omu mwanya gw'ebyo.

► Mukama, ninsaasira abo boona
abaakuba baagyerizeho kuremesa
ekigyendererwa kyangye, hamwe
n'okushemererwa.

► Taata, ninyeyihamu okweyanga
okuruga omu migisha eyanfeereire,

nari omu kuteganisibwa.

► Mukama, ninsaasira abo boona
abaankyeenire, abaangambireho kubi,
nari abaanyendeize akabi, ndikukimanya,
ngu Iwe ebyo byona noobihinduramu
ekirungi.

► Taata, ninyeyihamu okutemberwaho,
ebishuba, nari okukoresibwa, nimbita
omu mikono yaawe, ndikwesiga
oburingaaniza bwawe.

► Mukama, ninsaasira baatatenkuru,
hamwe n'ab'ekika kyaitu abaakuba
baarabirwemu obusaasi, hamwe
n'okuburwa omugasho.

► Taata, ninyeyihamu eitima, eihari,
hamwe n'okuharangatana byona
ebinsiisiire obusingye.

► Mukama, ninsaasira abo boona abatarafiireyo kundinda, kunyorekyerera, nari kunyegyesa bukuru.

► Taata, ntambira okuhutaazibwa oku naatungire okuruga omu kufeerwa emikago, okureebibwa, nari okunagaijurwa.

► Mukama, ninsaasira abo boona abaangayire, abaanyangire, nari abaandeteire okuhemuka.

► Taata, ninyeyihamu obusaasi, amaganya, hamwe n'okwefuuza, byona ebiine akakwate n'ebi ndikwijuka enyima, ebyabaireho, nari eby'omu kika.

► Mukama, ninsaasira buri omwe owaaremeise emigisha yangye, nari akakyererereza okugyenda omu maisho kwangye.

► Taata, ninyeyihamu okutiina ahabw’
okuteebaasa, okwangwa, nari okuremwa.

► Mukama, ninsaasira obureebya
bwona obwesherekire, nari ebicumuro
ebikiri kworekyerwa omu mutima
gwangye.

► Taata, ninyeyihamu enjegyere zoona
ez’omutima, ez’ebiteekateeko, hamwe
n’ez’obwonko ezikwatiraine
n’okucunaguzibwa omu biteekateeko,
hamwe n’obusaasi.

► Mukama, ninyesaasira ahabw’
okuguma n’enziika, nari okuremeererwa
kusaasira.

► Taata, ninyeyihamu okucuramirirwa,
okuremeererwa, nari okushoberwa,
ebiremeire omu mutima gwangye.

► Mukama, ninsaasira abo boona

abaashiishagwire amazima gangye,
ebiconco byangye, hamwe n'emigisha
yangye.

►Taata, ninyeyihamu ekiniga,
okutamwa, hamwe n'okuremeererwa
kwona ebikiri omu mutima gangye.

►Mukama, mpwera kusaasira omu
bwijwire, n'okugamba amaziina
g'abantu abaakuba bakiriyo, nari
embeera, mbone kuruhuukira omu
mbabazi zaawe.

►Taata, ninkutuurira okwerarikirira,
obutasaasira, n'obusaasi bwona.
Onyijuze na rukundo, obusingye
n'okushemererwa, orikungarurira
kimwe busya omu iziina rya Yesu.

OKUHENDERA

Mukama Yesu, niiwe mukiza w'emitima,
n'okugigarura busya. Nimpayo obusaasi
bwona, okucunaguzibwa, hamwe
n'obutasaasira, omu mikono yaawe.
Ntambira, mpindura musya, kandi
onyijuze n'obusingye bwawe,
okushemererwa, hamwe na rukundo.
Onyijurize kimwe, omu iziina ryawe.
Ekitiinwa kube ahari Taata, n'ahari
Mwana, n'ahari Mutima Orikwera,
nk'oku kyabaire kiri kare na kare,
kibe kwo na mbwenu, n'obutoosha,
n'ebiro byona. Amiina.

(Eshaara gishome emirundi eshatu)

*Omu iziina rya Taata, erya Mwana,
n'erya Mutima Orikwera. Amiina.*

**EKIRO KYA KANA
OKUCWA EMIKYEENO AHA
MAGARA AG'OBUNTU**

Okucwekyereza ibara mukyeeno
n'amaani g'O musharaba

**EBIHANDIIKO EBIRIKWERA
EBIRIKUGAMBA AHA KUKIZIBWA
KW'OMUBIRI GWawe**

“Okuteerwa kwe nikwo kwatutambiire,
n'emihiririze ye niyo yaatukirize.”

(Isaaya 53:5)

“Akoohereza ekigambo kye, kikabakiza;
akabatambira okuhwerekyerera.”

(Zaaburi 107:20)

“**Buzimazima** akeekorera enaku zaitu;
yaayemera obusaasi bwaitu.”

(Isaaya 53:4)

“Mugyenzi wangye omukundwa,

ninshaba ngu byona bikugyendere gye,
ogire amagara marungi omu mubiri,
nk'oku ori gye omu mutima.”

(3 Yohaana 1:2)

“Haza okwo kushaba okurimu
okwikiriza, kuryakiza ogwo muntu
orwaire, Mukama amwinamure.”

(Yakobo 5:15)

EMIZINGA Y'ESHAARA Z'OKURWANISA EMIKYEENO Y'OBURWAIRE

► Taata, omu iziina rya Yesu, nincwa ibara mukyeeno gw'oburwaire, hamwe n'endwara aha mubiri gwangye, ahabw'amaani ga Yesu.

► Omu iziina rya Yesu, nincwekyereza buri ndwara y'akarande, hamwe n'oburwaire bwona oburikukomooka omuri baatatenkuru oburikunteganisa.

► Taata, ahabw'amaani g'Omusharaba, ninshazamu ibara mukyeeno gw'obusaasi obutarikukira, obweremwa hamwe n'oburuhe.

► Omu iziina rya Yesu, nindagira ibara burwaire obwesherekire, ku burandurirwa kimwe

bukacwekyerezibwa.

► Taata, nincwa ibara mukyeeno
ogurikurugiirira omu bufumu,
emigyenzo, nari amaani g'ebirikuzira
ebitwire nibyenda amagara gangye.

► Omu iziina rya Yesu, nincwekyereza
oburwaire bwona obutwire nibuzaanira
omu magufa gangye, omu ngingo,
n'omu nyama zangye.

► Taata, ahabw'eshagama ya Yesu,
ninshazamu ibara mukyeeno
ogurikundeetera amaani makye, nari
okuremeererwa kw'omubiri.

► Omu iziina rya Yesu, nincwa buri
mukyeeno gw'oburwaire oburikuguma
nibugarukiira, oburwaire oburikuturira,
hamwe n'okukangarana.

► Taata, nincwekyereza buri mukyeeno

ogurikurugiirira omu ndwara z'eka,
ezirikukomooka omuri baatatenkuru,
ez'omutwe nari ez'omubiri.

► Omu iziina rya Yesu, nincwamu
ibara kutaahirirwa omu mutima
kikarugwamu oburuhe, okuteerwa
omutwe, nari omuringo gw'okuteerwa
omutwe gw'amaani.

► Taata, ahabw'amaani g'Omusharaba,
nincwa emikyeeno yoon a erikurwaza
omutima, ebihaha, nari oburemeezi
bw'ensigo.

► Omu iziina rya Yesu, nindandurira
kimwe ibara burwaire bwona
oburikureetwa ekiniga, obushaarire,
nari okutegannisibwa omu mubiri.

► Taata, nincwekyereza buri
mukyeeno gw'obutatebeekana omu

kushohoza, omu kine, omu nda, nari endwara z'ensigo.

► Omu iziina rya Yesu, ninshazamu buri mukyeeno gwa puresha (rwigaza-mitsi), shukaari, nari endwara ezindi ezirikuteganisa.

► Taata, ahabw'eshagama ya Yesu, nincwamu oburwaire bwona obwine akakwate n'obwoba, okwerarikirira, nari okushoberwa.

► Omu iziina rya Yesu, nincwekyereza buri mukyeeno gw'akarande ogurikuteganisa obutonde bwangye.

► Taata, ninshazamu ibara mukyeeno ogurikurwaza oburwaire bw'omu ngingo z'omubiri, obusaasi bw'omu ngingo, hamwe n'okwekoma kw'enyama z'eminofa.

► Omu iziina rya Yesu, nindandura buri mukyeeno ogw'okureeta amaani makye g'omubiri, nari okuremwa kukora omu bwijwire.

► Taata, ahabw'amaani g'Omusharaba, nincweraho kimwe okutaahirirwa kw'omu mutima kwona okurikwetwara nk'oburwaire bw'oburuhe.

► Omu iziina rya Yesu, ninshazamu ibara mukyeeno ogwagarwire omubiri gwangye ahansi, nkabura kukira.

► Taata, ninsharizamu kimwe ibara mukyeeno gw'obutazaara, oburemeezi bwona obukwatiraine n'obutazaara, nari okuremeererwa omu kuzaara.

► Omu iziina rya Yesu, ninshazamu ibara kutaahirirwa kwona okuruga omu ndwara z'akarande, nari eka kutunga

okuteganisibwa omu by'omutima.

► Taata, ahabw'eshagama ya Yesu,
ninshazamu oburwaire bwona
obwesherekire, obutwa, nari endwara
yoona eri omu magara gangye.

► Omu iziina rya Yesu,
nincwekyereza ibara mukyeeno
gw'okuzingama, okusharara, hamwe
n'amaani makyee.

► Taata, nincwa ibara mukyeeno
ogurikuremesa amaani g'omubiri
gwangye kukirira kimwe.

► Omu iziina rya Yesu, nindandurira
kimwe endwara zoonza ezirikureetwa
eihari, eitima, nari okuhatwa kw'omu
mutima.

► Taata, ahabw'amaani
g'Omusharaba, ninshazamu ibara

mukyeeno ogurikureeta oburemeezi
oburikuguma nibweyongyera omu
magara.

► Omu iziina rya Yesu,
nincwekyereza okutaahirirwa kwona
okurikumara amaani, nari kushiisha
oburungi bwangye.

► Taata, ahabw'eshagama ya Yesu,
nincwa buri mukyeeno gw'oburwaire
oburikuteganisa omubiri gwangye,
engingo zangye, hamwe n'obwengye
bwangye.

► Omu iziina rya Yesu, ninkusiima
Taata, ahabw'okunkiriza kimwe,
okungarura busya, n'okunjuna ibara
mukyeeno gwona. Reka omubiri
gwangye, n'omutima gwangye
bibereshererere omu burungi bwawe,
n'omu maani gaawe.

OKUHENDERA

“Taata, ahabw’amaani g’Omusharaba,
kandi n’omu iziina rya Yesu,
ninshazamu ibara mukyeeno, oburwaire
bwona, hamwe n’okuhatwa kwona aha
mubiri gwangye. Nindangirira obusingye,
amagara marungi hamwe n’amaani,
ahari buri kicweka kyona eky’omubiri
gwangye. Ngarwirwe busya, kandi
naatunga amaani. Ekitiinwa kube aha
iziina ryawe Taata, omu iziina rya Yesu.”
Ekitiinwa kube ahari Taata, n’ahari
Mwana, n’ahari Mutima Orikwera,
nk’oku kyabaire kiri kare na kare,
n’obutoosha, n’ebiro byona. Amiina.
(Eshaara ogishome emirundi eshaatu)
Omu iziina rya Taata, erya Mwana,
n’erya Mutima Orikwera. Amiina.

**EKIRO KYA KATAANO
OKUCWA EMIKYEENO Y'OKUFA
N'OKUCWEKYEREZA
EBYAHANDIIKIRWE
EBIRIKURANGA AHA MAGARA
GAAWE**

“Omushuma tareetwa kindi, kureka okwiba n'okwita n'okucwekyereza.

Nyowe nkaija ngu zitungye amagara, kandi zigire maingi munonga.”

(Yohaana 10:10)

“Toritiina kirikutiinisa kyona nyekiro, nari omwambi ogurashwa nyomushana. Abantu rukumi ku baakukugwa aha rubaju, na kakumi bakakwehinguririza, kwonka iwe tokaahikwaho kabi.”

(Zaaburi 91:5, 7)

“Kristo akatucungura omu mukyeeno

gw'eiteeka obu yaakyeenwa ahabwaitu,
ahabw'okuba kikahandiikwa kiti:

Weena orihanikwa aha muti akyeenwe.”

(Abagalatiya 3:13)

“Tindifa, kureka ndyagumaho, nintebya
ebi Nyakubaho yaakozire.”

(Zaaburi 118:17)

“Nyakubaho aryakurinda akabi koonu;
obe buhooro.” **(Zaaburi 121:7)**

ESHAARA Z'OKUCWA EMIKYEENO Y'OKUFA N'OKUCWEKYERERA

► Taata, omu iziina rya Yesu, n'ahabw' amaani g'Omusharaba, nincwa ibara

► mukyeeno gwa rufu ogutwire gurikureereetera omu magara gangye, hamwe n'omu ka yangye.

► Taata, omu iziina rya Yesu, ninshazamu ekihandiiko ky'okufa buto ekirikungambwaho.

► Taata, ahabw'eshagama ya Yesu, nincwekyererereza kimwe akarande k'okufeerwa abantu bakiri bato omu kika kyaitu.

► Omu iziina rya Yesu, nincwaho omukyeeno gwona ogwa zaabutandu, ebigwererezi by'ahonaaho, hamwe n'amainaro.

► Taata, ahabw'amaani g'Omusharaba,
ninshazamu omurimo gwona

ogw'okucwekyereza amagara gangye.

► Omu iziina rya Yesu, nincwa ibara
mukyeeno ogwine akakwate
n'obutabanguko, okusheesha eshagama,
nari okushaagizana, omu byafaayo
by'eka yangye.

► Taata, ahabw'eshagama ya Yesu,
ninshazamu omuzimu gwona
ogw'okufa kukuraturira ekika kyangye.

► Omu iziina rya Yesu, nincwekyerereza
kimwe omukyeeno gw'okweyita,
okucuncubara, hamwe n'okwehwa
amatsiko.

► Taata, nimpendaho endagaano yoona
ey'okufa, eyaakoziirwe baatatenkuru
egyendereirwe nari etagyendereirwe.

► Omu iziina rya Yesu, ninshazamu ibara mukyeeno kuruga aha bandi bantu gurikwendeza okugwa omu kabi, okufa, nari okuhwerekyerera.

► Taata, ahabw'amaani g'Omusharaba, nincwa ibara mukyeeno gw'emifeere etarikwetegyerezibwa kandi etarikushoboororwa, omu kika kyaitu.

► Omu iziina rya Yesu, nincwekyerereza kimwe ibara mutego ogutegirwe kureeta zaabutandu, nari ebintu by'akabi munonga.

► Taata, ninshazamu ibara mukyeeno ogurikuruga omu mitwarize y'eby'obufumu, emigyenzo, nari ebitambo.

► Omu iziina rya Yesu, nincwa buri mukyeeno gw'ebigwererezi

ebirikugwaho ahonaaho, hamwe
n'okufeerwa ebintu, nari esente omu
muringo gurikwerarikiriza.

►Taata, ahabw'eshagama ya Yesu,
ninshazamu enteekateeka yoona eya
bwesherekye ey'okucwekyereza
amagara gangye.

► Omu iziina rya Yesu, nincwa ibara
mukyeeno gw'oburwaire bw'amaani,
nari endwara zitarikukira.

►Taata, ninshazamu ibara mutima
mubi gw'okusheenyanya, ogurikurwanisa
omugisha gwangye.

► Omu iziina rya Yesu,
nincwekyereza ibara murimo gwa
Sitaane ogurikugyenderera kucwa
bugufu amagara gangye.

► Taata, ahabw'amaani g'O musharaba,
nincwa ibara mukyeeno gw'ebigwererezi
ebirikuguma nibitaaha omu ka.

► Omu iziina rya Yesu, ninshazamu
buri mukyeeno ogukwatiraine
n'okusheesha eshagama eteine rubanja.

► Taata, nincwa ibara mukyeeno
ogurikurugiirira omu kuterekyerera kwa
baatatenkuru, nari emigyenzo
y'obukafiire.

► Omu iziina rya Yesu, nincwekyereza
ibara mukyeeno gw'okufa ogwine
akakwate n'ebigombe byesherekire, nari
zaagupu z'obufumu.

► Taata, ahabw'eshagama ya Yesu,
ninshazamu ibara ndagaano mbi ei
naakozire n'omutima gwa rufu.

► Omu iziina rya Yesu, nincwa ibara

mukyeeno gw'okucwekyereza oguriyo
niguteganisa eka yangye.

► Taata, nincwekyereza ibara
mukyeeno ogurikugyenderera kuremesa
ekigyendererwa kyangye, obwire
butakahikire.

► Omu iziina rya Yesu, ninshazamu
ibara mutima gw'okutiina kufa,
n'okuhwerekyerera.

► Taata, ahabw'amaani g'O musharaba,
nincwa ibara mukyeeno gw'akarande
ka zaabutandu z'okukohakana amagara
g'abantu.

► Omu iziina rya Yesu, nindangirira
oburinzi aha magara gangye n'aha ka
yangye, oburikuruga omu iguru.

► Taata, nindangirira ekigambo kyawe:
“Tindikwija kufa, kureka ndyagumaho,
nintebya ebi Nyakubaho yaakozire.”

Taata, omu iziina rya Yesu,
ninkusiima ahabw'okucwa ibara
mukyeeno gw'okufa hamwe
n'okucwekyereza, kandi n'ahabw'
okugarura ahaiguru amagara gangye.

OKUHENDERA

Oshabe n'okwikiriza:

Taata, okurabira aha musharaba gwa
Yesu Kristo, ibara mukyeeno gw'okufa
n'okucwekyereza gwacweka. Hati
nindangirira amagara, oburinzi,
n'okutebeekanisibwa aha magara
gangye, hamwe n'eka yangye. Reka
baamaraika baawe bandiinde omu
mihanda yangye yoon.

Ekitiinwa kibe ahari Taata, n'ahari
Mwana, n'ahari Mutima Orikwera.

Nk'oku kyabaire kiba kare na kare,
kibe kwo na mbwenu, n'obutoosha,
n'ebiro byona. Amiina.

(Eshaara egi ogishome emirundi eshatu)

***Omu iziina rya Taata, erya Mwana,
n'erya Mutima Orikwera. Amiina.***

**EKIRO KYA MUKAAGA
OKUCWA EMIKYEENO AHA
BY'ESENTE, EMIRIMO, HAMWE
N'OKUTUURANA
EBYAHANDIIKIRWE**

“Guma oijukye Mukama Ruhanga
waawe, ahabw’okuba niwe akubaasisa
kutunga, ngu obone kuhamya endagaano
ye ei yaarahiriire baashwenkuru
n’okuhitsya eri izooba.” (**Ebiragiro 8:18**)

“Omugisha gwa Nyakubaho gutungisa
abantu, kwonka okwehenenga
tikugwongyereraho kantu.”

(**Enfumu 10:22**)

“Mureete kimwe kya ikumi omu ibikiro,
Nyaruju yangye ebone kubamu
ebyokurya, reero mubingyerezeho.
Haza mureebe ku ndaabe ntarikwija

kubaigurira amadirisa g'eiguru,
nkabashukyeera emigisha ekasheesheka.”

(Malaki 3:10)

“Ruhanga wangye aryabamarira
obukyene bwanyu bwona, nk'obutungi
bwe oburikutangaaza oburi omuri Kristo
Yesu oku buri.” **(Abafilipi 4:19)**

“Guma oijukye Mukama Ruhanga
waawe, ahabw'okuba niwe akubaasisa
kutunga.” **(Ebiragiro 8:18)**

EMIZINGA Y'ESHAARA EZIRIKURWANISA EMIKYEENO AHA BY'ESENTE

► Taata, omu iziina rya Yesu, ahabw' amaani g'O musharaba, cweraho kimwe ibara mukyeeno gw'obukyene ogurikukorera omu magara gangye, n'omu ka yangye.

► Taata, omu iziina rya Yesu, shazamu ibara karande k'okuhandagatana n'okuburwa sente.

► Taata, okurabira omu shagama ya Yesu, bingiraho kimwe ibara muhingo ogurikuremesa emirimo yangye, hamwe n'okutuurana gye.

► Omu iziina rya Yesu, cwa ibara mukyeeno ogurikureeta okukora munonga okatunga kakye.

► Taata, cwekyereza ibara
kutaahirirwa kw'omutima
okurikuteganisa omurimo gwangye,
bizineesi, hamwe n'emigisha yangye.

► Omu iziina rya Yesu, cwa ibara
mukyeeno ogurikukyerereza okugyenda
omu maisho kwangye, n'okugira
obutebeekana omu bya sente.

► Taata, garuraho buri mugisha
gwangye ogwanyibirweho,
ogwakingiirwe, nari ogwanyihirweho
omu buhenda-biragiho.

► Omu iziina rya Yesu, shazamu ibara
mukyeeno ogwagambirwe aha murimo
gwangye, aha buryo bwangye, hamwe
n'ahari nyensya yangye.

► Taata cwa omukyeeno gwona aha
sente zangye ogwine akakwate

n'akarande k'okuramya ekitari Iwe
Ruhanga, nari emigyenzo ya baatatenkuru.

► Omu iziina rya Yesu, cwekyereza
ibara rujegyere rw'omu mutima orutwire
rukuumiire eka yangye omu mwetoororo
gw'obukyene/obworo.

► Taata, ahabw'amaani g'Omusharaba,
rekura omugisha gw'obutungi
bw'amazima aha magara gangye.

► Omu iziina rya Yesu, cwa ibara
mukyeeno ogurikuguma nigureeta
amabanja gatarikuhwayo, hamwe
n'eibura ry'esente.

► Taata, mbingaho ibara maani
geesherekire agarikuremesa obusinguzi
bwangye, hamwe n'okukora
eby'omugasho.

► Omu iziina rya Yesu, shazamu okutaahirirwa kw'omutima kuremesa emirimo yangye, okutunguurwa aha murimo, hamwe n'emigisha.

► Taata, cwa ibara mukyeeno ogurikureetera zaabizineesi, nari zaapurogyekiti omu magara gangye zaagwa.

► Omu iziina rya Yesu, shumuurura obwengye, obuganzi, kandi onyigurire enyigi z'omurimo gwangye.

► Taata, cwekyereza ibara mukyeeno ogurikureeta obutari buriingaaniza, obushoma-nkuzi, nari okuhatwa, ebirikukingira okugyenda omu maisho kwangye.

► Omu iziina rya Yesu, cwa ibara muzimu ogurikuteganisa esente zangye,

hakabaho okusyaraara.

► Taata, ngaruurira buri mugisha gwangye ogutwire gukyererezeibwe omu magara gangye.

► Omu iziina rya Yesu, cwa ibara mukyeeno ogwine akakwate n'okunyagwa, kuheebwa emishaara mikyee, nari kunyibaho omurimo.

► Taata, shumuurura omugisha gwawe kuruga omu iguru, guhikye omu myanya yoonu ahu ndikuronda emirimo, nari ahu naakubaasa kwakiirwa.

► Omu iziina rya Yesu, cwa ibara mukyeeno, ogurikuguma gukwatiire eka yangye omu kukorera enda kwonka omu mwanya gw'okukorera okutunguuka.

► Taata, hamya omurimo gw'emikono yangye, kandi oheereze omugisha buri

kindikutamu amaani.

► Omu iziina rya Yesu, shazamu okutaahirirwa kwona okw'ebye obutungi bwangye, esente zangye ezi ndikubiika, hamwe n'entaasya yangye.

► Taata, shumuurura obwengye bw'okugira esente, kandi n'okuguma kuzikoresa n'okwetegyereza.

► Omu iziina rya Yesu, cwa ibara mukyeeno ogurikuguma nigureetaho okugaruka enyima omu by'esente.

► Taata, reka omugisha ogwaraganisiibwe kurabira omu Kigambo kyawe, gushenenekyere omu magara gangye, n'omu ka yangye.

► Omu iziina rya Yesu, igura enyigi ezi buri omwe atakaabaasa kuinga ahabw'omurimo gwangye, hamwe

n'okutuura kurungi.

► Taata, nindangirira ekigambo kyawe: ompeereze amaani kugira obutungu, kandi n'okutwara omu maisho endagaano yaawe.

► Taata, omu iziina rya Yesu, ninkusiima okumbingiraho kimwe omukyeeno gw'esente, hamwe n'okushwekyesa amagara gangye n'omugisha gwawe.

ESHAARA Y'OKUHENDERA

Taata, ori omugabi w'ebirungi byona. Kurabira omu musharaba gwa Yesu Kristo, ninkushaba kucwa ibara mukyeeno ogurikuteganisa omurimo gwangye, esente zangye, hamwe na nyensya yangye. Hamya omurimo gw'emikono yangye, kandi oshumuurure

omugisha gwawe gwije omu magara
gangye. Omu iziina rya Yesu. Amiina.
Ekitiinwa kibe ahari Taata, n'ahari
Mwana, n'ahari Mutima Orikwera,
nk'oku kyabaire kiri kare na kare, kibe
kwo na mbwenu n'obutoosha, n'ebiro
byona. Amiina.

(Eshaara egi ogishome emirundi eshatu)

***Omu iziina rya Taata, erya Mwana,
n'erya Mutima Orikwera. Amiina.***

**EKIRO KYA MUSHANJU
OKUCWA EMIKYEENO
Y'AMAANI EY'OBUFUMU
N'EBIRIKUZIRA BYONA
EBYAHANDIIKIRWE
EBIRIKUBIGAMBAHO**

Otakatandikire kushaba, rangirira
ekigambo kya Ruhanga mporampora.
Reka kisherure amazima, hamwe
n'obushoboorozi bw'okwikiriza.

“Oguma naakora ekibi ekibi aba owa
Sitaane; manya Sitaane okwiha omu
kutandika akora ebibi.” (1 Yohaana 3:8)

“Kandi ahari ogwo Musharaba, Kristo
niho yaayakiire abategyeki n'ab'
obushoboorozi ebikwato, akabashungisa
butunu naabeesingurira we wenka.”
(Abakolosai 2:15)

“Kwonka tiharibaho ky’okurwanisa
ekiheesirwe kukurwanisa ekirikubaasa;
kandi boona abariimuka kutongana
naiwe oryabasinga.” (**Isaaya 54:17**)

“Kristo akatucungura omu mukyeeno
gw’eiteeka obu yaakyeenwa
ahabwaitu.” (**Abagalatiya 3:13**)

“Reeba, mbahaire obushoboorozi
bw’okusingyeera enjoka
n’ebinyabushegu, n’okuribatiirira
amaani g’omuzigu goona; tihariho
kintu kyona ekiribakora kubi.”
(**Luka 10:19**)

ESHAARA ZIRIKWOSYA EZ'OKURWANISA AMAANI G'OBUFUMU HAMWE N'EBIRIKUZIRA

► Taata, omu iziina rya Yesu hamwe n'ahabw'amaani g'O musharaba, cwa kandi ocwekyereze ibara mukyeeno gw'obufumu oguragambirweho, nari kwimukibwa, nari kworekyerezibwa aha magara gangye.

► Taata, ahabw'eshagama ya Yesu, cwekyereza ibara itambiro ryesherekire ery'ebirikuzira, ahu eiziina ryangye, eka yangye, nari omugisha birikugambwaho.

► Taata, omu iziina rya Yesu cwa ibara ndagaano y'akarande eyaiguriireho enyigi okutaahirirwa omu runyerere rw'amagara g'ekika kyangye.

► Taata, reka omuriro gwa Mutima
Orikwera gucwekyereze ibara rujegyere
rw'ebby'omutima orutwire aha magara
gangye kurabira omu migyenzo,
ebitambo, hamwe n'eshaara.

► Taata, ahabw'amaani g'Omusharaba,
shazamu ibara mukyeeno, eirogo, nari
omukyeeno ogwayoherezeibwe aha
magara gangye.

► Taata, omu iziina rya Yesu, randurira
kimwe okutaahirirwa eby'obufumu
ebirikubaasa kureeta oburwaire,
obweremwa, nari oburwaire
butarikwetegyerezibwa oburi aha
mubiri gwangye.

► Taata, cwekyereza ibara
kutwaririzibwa ekirikuzira
ekigyendereire kukingira omurimo

gwanbye, nari bizineesi zangye.

► Taata, ahabw'eshagama ya Yesu,
cwanyagura ibara mukyeeno
gw'okusyaraara kw'esente zangye,
ogwareetsirwe kurabira omu maani
g'ebirikuzira.

► Taata, omu iziina rya Yesu,
cwekyereza ibara nkora y'omwirima
erikukorera okumaraho obutungi
bwangye.

► Taata, shazamu okutaahirirwa
eby'amarogo ebirikugyenderera
kuteganisa okugyenda omu maisho
kwangye, n'okukyerereza omugisha
gwanbye.

► Taata, ahabw'amaani g'O musharaba,
cwa ibara mukyeeno
ogwanyohererezeibwe kurabira omu

itima, eihari, hamwe n'obwangane.

► Taata, omu iziina rya Yesu,
cwekyereza amaani goona ag'obufumu
agagyerizeho kubuzabuza emigisha
yangye.

► Taata, cwa ibara mukyeeno
ogwateirwe aha mpatane zangye,
emigisha yangye, hamwe n'emirimo
yangye.

► Taata, cwekyereza ibara itambiro
ahu ebitambo ebirikugyenderera
kuremesa obusinguzi bwangye
birikukorerwa.

► Taata, ahabw'eshagama ya Yesu,
shazamu ibara ndagaano y'ensherekwa
ahagati y'eka yangye hamwe n'amaani
ga Sitaane.

► Taata, omu iziina rya Yesu,

cwekyereza ibara kutaahirirwa eby’
amarogo okugyendereire kuteganisa
obwongo bwangye, obusingye bwangye,
hamwe n’obutebeekana bw’
ebiteekateeko byangye.

► Taata, cwa ibara mukyeeno gw’
okubuzabuzibwa, ebirooto bibi, hamwe
n’okuhatwa omu mutima
ebirikunyohererezibwa.

► Taata, ahabw’amaani g’omusharaba,
randuura ibara kikwato ekisherekirwe,
nari eiogo ebirikukoresibwa
kubuzabuza amagara gangye.

► Taata, cwekyereza buri kutaahirirwa
Sitaane omu nju yangye n’omu ka yaitu.

► Taata, cwa ibara mukyeeno
ogugyendereire kukwatira eka yangye
omu mutego gw’obworo/obukyene,

hamwe n'okufa kubi.

► Taata, ahabw'eshagama ya Yesu, ngaruriraho buri mugisha gwangye ogwanyibirweho kurabira omu kutaahirirwa eby'obufumu.

► Taata, omu iziina rya Yesu, cwa ibara mukingo ogurikundemesa kugyenda omu maisho.

► Taata, cwekyereza ibara mutego gwesherekire ogugyendereire kureeta okuremwa omu magara gangye.

► Taata, cwekyereza ibara mukyeeno gw'eby'obufumu ogurikugyenderera kukyendeeza amagara gangye, nari kumara amaani omugisha gwangye.

► Taata cwa ibara mukyeeno ogurikwija gurikureetwa obugombe bwesherekire, obugombe bw'eby'

obufumu, nari enteerane z'omwirima.

► Taata, ahabw'amaani g'Omusharaba, nyoherezeza amaani gaawe g'oburinzi aha magara gangye, hamwe n'eka yangye.

► Taata, omu iziina rya Yesu, reka omushana gwawe gushuuruure buri murimo gwona ogw'omwirima ogwesherekire kundwanisa.

► Taata, shazamu ibara mukyeeno ogwagumire gukuratiriire eka yangye kurabira omu nzaaro nyingi.

► Taata, nindangirira ngu ibara maani g'omwirima, nigaragirwa kwinama omu maisho g'obushoboorozi bwa Yesu Kristo.

► Taata, omu iziina rya Yesu Kristo, ninkusiima ahabw'okugira ngu kurabira

musharaba, ibara maani g’oburaguzi,
ibara mukyeeno gw’eby’obufumu,
hamwe na ibara rujegyere rw’omwirima
rucwanyagurwe kuruga omu magara
gangye.

OKUHENDERA

Ekitiinwa kibe ahari Taata, n’ahari
Mwana, n’ahari Mutima Orikwera,
nk’oku kyabaire kiri kare na kare, kube
kwon a mbwenu, n’obutoosha n’ebiro
byona. Amiina.

(Eshaara egi gishome emirundi eshatu)

*Omu iziina rya Taata, erya Mwana,
n’erya Mutima Orikwera. Amiina.*

**EKIRO KYA MUNAANA
OKUGARURA BUSYA AMAGARA
G'OMUBIRI HAMWE
N'AG'EBITEEKATEEKO**

“Okuruga omu mikyeeno kuza omu migisha”

“Ndyabagaruriraho emyaka eyaariirwe emizinga y'enzigye.” (**Yoeli 2:25**)

“Yaabakiza okweshobera, kandi yaabashemba obuhuta.” (**Zaaburi 147:3**)

“Mugyenzi wangye omukundwa, ninshaba ngu byona bikugyendere gye, ogire amagara marungi omu mubiri, nk'oku ori gye omu mutima.”

(3 Yohaana 1:2)

“Yaimwe abaruhire n'abaremereirwe, nimwije ahariinye, mbaruhuure.”

(Matayo 11:28)

“Nyakubaho aba haihi ab’omutima
guhendendekire, kandi ajuna abeeteisiize
kimwe.” **(Zaaburi 34:18)**

Hunamaho, oitsye noogarura omu nda,
reero oshabe.

“Taata ow’omu iguru, omu iziina rya
Yesu, kurabira omu maani
g’Omusharaba, hamwe n’eshagama ya
Yesu erikweza, ninkweta kugarura busya
buri kicweka ky’omubiri gwangye
ekyahutaaziibwe, ekyaibirwe, nari
ekyahendagwirwe emikyeeno, okuhatwa,
hamwe n’okuraba omu bugumi. Hindura
ekyakyeenirwe okiihemu omugisha,
kandi oboneze omubiri gwangye,
omutima gwangye, hamwe n’obwengye
bwangye.

ESHAARA Z'OKWEGARURA BUSYA: KURUGA OMU MIKYEENO N'OKUTUNGA EMIGISHA

Oshome buri shaara nooyetwara,
erikuhurirwa, nari erikuruga aha mutima,
orikweta eiziina rya Yesu, Omusharaba
gwe, nari eshagama ye ey'omuhendo.

► Omu iziina rya Yesu, ninshazamu
ibara mukyeeno ogwashahwire amagara
gangye, n'amaani gangye, n'okushaba
ngu byona bigarurwe busya.

► Ahabw'amaani g'Omusharaba,
ninkushaba, Taata, kugaruraho ibara
kicweka ky'omubiri gwangye
eky'emikyeeno yaakuba yaahutaarize.

► Okurabira omu shagama y'omuhendo
eya Yesu, nincwa ibara mukyeeno

ogwandeeteire obusaasi omu
biteekateeko, ntyo ndeetemu obusingye
bwawe obwijwire.

► Mukama Yesu, oburwaire bwona,
obweremwa bwona, nari oburuhe ebi
omukyeeno gwakuba gwandeeteire,
omubiri gwangye ogugarure busya,
oguheereze amaani agaijwire.

► Taata, okurabira omu musharaba,
reeta okukira ahu omukyeeno gwakuba
gwasigire enkojo omu bwengye
bwangye, hamwe n'omu biteekateeko
byangye.

► Omu iziina rya Yesu, garura busya
okushemererwa omu mutima gwangye,
ogu omukyeeno, nari okuhatwa ahu
byakuba byasigire obusaasi.

► Ahabw'eshagama y'omuhendo eya
Yesu, ngarurira omugisha ugu

omukyeeno gwaibire omu magara gangye.

► Mukama, ahu okutiina kuri, okushoberwa, nari okutiinatinisibwa byayarikire kurabira omu mikyeeno, reetaho obusingye, omuhimbo, hamwe n'amatsiko.

► Taata, omu iziina rya Yesu, garuraho okushoboorkyerwa, okuranzya omu maisho, hamwe n'obwengye ahu emikyeeno yaakuba yaareetsire okubuzabuzibwa.

► Ahabw'O musharaba, ibara kicweka ekyakuba kyahwire amaani obwo kireetsirwe emikyeeno y'akarande, kigarurwe busya kandi kiheebwe omugisha.

► Mukama Yesu, kiza ibara kironda

ekiri omu mubiri gwangye ekyareetsirwe oburwaire, nari okuhutaazibwa, byona ebiine akakwate n'emikyeeno.

► Omu iziina rya Yesu, ningaruraho obusingye omu biteekateeko byangye, ahu emikyeeno yaareetsire enjegyere z'obusaasi.

► Taata, heereza omugisha kandi ogarureho busya ibara mukago ogwateganisiibwe emikyeeno.

► Okurabira omu shagama y'omuhendo eya Yesu Kristo, ningarura obuteeka omu ka yangye, omurimo gwangye, hamwe n'omu mikago yangye.

► Mukama, ahu emikyeeno yaakuba yaareetsireho okwangwa, ninshaba ku habaho okwakiirwa, rukundo, hamwe n'obuganzi.

► Omu iziina rya Yesu, ahu okuremeererwa kuri, otheo amaani gaawe, okushemererwa, hamwe n’obusingye.

► Taata, mpeereza oturo, amaani hamwe n’obushemere, ebi emikyeeno yaakuba yanshahwireho.

► Ahabw’Omusharaba, ngarurira amatsiko agu okushobangirirwa kwakuba kwanyakire kurabira omu kutaahirirwa Sitaane.

► Mukama Yesu, ndeetera obutebeekana omu biteekateeko ahu emikyeeno yaakuba yaareetsire okutiina n’okucuramirirwa.

► Omu iziina rya Yesu, garura busya omutima gwangye kuruga omu nkojo z’enyima ezaakuba zaahanguhiibwe emikyeeno.

- Taata, hindura ibara kufeerwa okwakuba kwareetsirwe emikyeeno, kuhindurwemu busya n’okweyongyera.
- Ahabw’eshagama ya Yesu, gaaruraho omuhimbo gwangye, hamwe n’okwehayo, ahu omukyeeno gwakuba gwasigire obweremwa.
- Mukama, kiza ibara kushoberwa kwangye, hamwe n’okutegannisibwa omu biteekateeko ebyareetsirwe emikyeeno, nari okuhatwa.
- Omu iziina rya Yesu, ngarurira okuhama, okweyikiririzamu, hamwe n’okubaasa kwesiima.
- Taata, kiriza kimwe omubiri gwangye, obwengye bwangye, n’omutima gwangye kuruga omu birikurugiirira omu mikyeeno.
- Ahabw’omusharaba, reeta ekyererezi, hamwe n’okushoboorokyerwa omu

bicweka by'amagara ebi emikyeeno yairagwize.

► Mukama Yesu, garura busya okushemererwa kwangye, omujinya, hamwe n'obusingye ahu emikyeeno yaareetsire okuhwa amaani.

► Omu iziina rya Yesu, ngarurira ibara kirooto, ekyetengo kyangye, nari ekigyendererwa kyangye ebi emikyeeno yagyerizeho kucwekyereza.

► Taata, heereza omugisha kandi ogarure busya amagara gangye, obwo orikuhinduramu omugisha ibara kicweka ekyabaire kifiire.

► Ahabw'eshagama ya Yesu, ngarurira busya ebiteekateeko birungi, okushoboorokyerwa omu bwengye, hamwe n'obuteeka omu mubiri gwangye gwona.

► Mukama, garura busya ibara kicweka
ahu emikyeeno yaaremeise amagara
g'okweshengyereza, nari okugira
akakwate n'Iwe.

► Omu iziina rya Yesu, garura busya
obusingye omu magara gangye,
obutebeekana omu mutwe gwangye,
hamwe n'oburungi bw'omubiri gwangye.

► Taata, garura busya ibara kicweka
ky'amagara gangye ahu emikyeeno
yaareetsire okusyaraara, nari
okukyererwa.

► Ahabw'Omusharaba, ndeetera
amagara marungi, okushemerwa,
hamwe n'obusingye omuri ibara kicweka
ky'omubiri gwangye ekyahendekire.

► Mukama Yesu, garura amaani omu
mutima gwangye, oyongyeremu
n'omuhimbo, hamwe n'omugasho omu

magara gangye.

► Omu iziina rya Yesu, garura busya amatsiko, hamwe n'amaani ahu emikyeeho yaareetsire okweshobera.

► Taata, gaarura ibara mugisha ugu emikyeeho nari Sitaane yagyerizeho kukwata.

► Ahabw'eshagama y'omuhendo eya Yesu, kiza kandi ogarurire kimwe busya amagara gangye, hamwe n'omutima gwangye.

► Mukama, reka ibara mukyeeho ogwagyerizeho kuhuutaaza amagara gangye, guhindurwemu emigisha yaawe eshaagaine.

► Taata, omu iziina rya Yesu Kristo, ninkusiima ahabw'okugaruraho amagara gangye, obusingye, okushemererwa,

hamwe n'amaani gangye, kandi
n'ahabw'okuhinduramu ibara mukyeeno,
omugisha.

ESHAARA Y'OKUHENDERA

Taata ow'omu iguru, okurabira omu
iziina rya Yesu, amaani g'Omusharaba
gwe, kandi n'omu shagama ye ey'
omuhendo, nindangirira okugarurwa
busya okwa ibara kicweka ky'omubiri
gwangye ekyakwatsirweho emikyeeno,
oburwaire, obweremwa, nari enaku.

Hindura ekyaakuba kyaakyeenirwe
kigire omugisha, ekyaakuba
kyahendagwirwe kigarukye omu bumwe,
n'ekyaakuba kyabuzire kigarukye
omu bwingi. Ninkusiima ahabw'okukiza
kwawe, ahabw'obusingye bwawe, kandi
hamwe n'ahabw'obuganzi. Omu iziina
rya Yesu. Amiina.

Ekitiinwa kube ahari Taata, n'ahari
Mwana, n'ahari Mutima Orikwera,
nk'oku kyabaire kiri kare na kare,
kibekwo na mbwenu, n'obutoosha
n'ebiro byona. Amiina.

Eshaara egi ogishome emirundi eshatu)

***Omu iziina rya Taata, erya Mwana,
n'erya Mutima Orikwera. Amiina.***

EKIRO KYA MWENDA

**OKUTUNGA OKUGARURWA BUSYA,
EMIGISHA Y'ESENTE, EBISHAAGAINA,
HAMWE N'OBUGANZI**

“Okuruga omu mikyeeno kuza omu
migisha erikweshukyeera”

EBYAHANDIIKIRWE

EBIRIKUHAMYA

“Nyakubaho aryakwigurira eiguru
eribiikirwemu bingi, agwisize ensi yaawe
enjura omu bunaku bwayo, ahe omugisha
byona ebi orikoresa emikono yaawe,
oguze amahanga maingi kwonka
otarikugeeguzaho.” (**Ebiragiro 28:12**)

“Guma oijukye Mukama Ruhanga
waawe, ahabw'okuba niwe akubaasisa
kutunga, ngu abone kuhamya endagaano
ye ei yaarahiriire baashwenkuru

n’okuhitsya eri izooba.” (**Ebiragiyo 8:18**)

“Ruhanga wangye aryabamarira obukyene
bwanyu bwona, nk’obutungi bwe
oburikutangaaza oburi omuri Kristo Yesu
oku buri.” (**Abafilipi 4:19**)

“Omugisha gwa Nyakubaho gutungisa
abantu, kwonka okwehenenga
tikugwongyereraho kantu.”
(**Enfumu 10:22**)

“Ndyabagaruriraho emyaka eyaariirwe
emizinga y’enzigye.” (**Yoeli 2:25**)

“Yejunise ebi oine n’emiganuro yaawe
kuha Nyakubaho ekitiinwa. Obwo
ebitara byawe biryeijurira kimwe,
n’enteerero zaawe ziijure viino.”

(**Enfumu 3:9-10**)

“Reero Nyakubaho aryakutungisa,
ogogyeerere omu ruzaaro rwawe n’omu

ruzaaro rw'amatungo gaawe, n'omu
by'emisiri yaawe eyerize omu nsi, ei
yaarahiire baashwenkuru kukuha.”

(Ebiragiro 28:11)

ESHAARA Z'OKUGARURWA BUSYA, KUTUNGA EMIGISHA Y'ESENTE, HAMWE N'OBUGANZI

Yeshengyereze nooyetwara, oyekundiire,
orikwehuriramu okugarurwa busya
n'okuheebwa ebirungi by'eiguru
birikushenenekyera omu magara gaawe.
Shaba omuri ibara shaara, eiziina rya Y
esu, oine amaani g'O musharaba, hamwe
n'okugaba kwa Taata okushaagaine.

► Omu iziina rya Yesu, ninyakiira
okugarurwaho kw'omugisha gw'esente
zangye ogutwire gukyererezeibwe, nari
guremeseibwe emikyeeno.

► Taata, garuraho emyaka y'entaasya
etuura ebuzire, bizineesi, hamwe
n'emihanda y'entaasya nk'oku
waakiraganiise omu kitabo kya

Yoeli 2:25.

► Ahabw’omusharaba gwa Yesu,
ninkomoorora buri ekyaremeise
obugaiga, obuganzi, hamwe
n’okweyongyera okw’omutaano.

► Mukama, igura amabiikiro gaawe
g’omu iguru, haza oshukye obutungi
bwawe obushaagaine omuri ibara
kicweka ky’amagara gangye.

► Ninyakiira entaasya eterezibwemu
kabiri, eby’obutungi, emirimo, hamwe
n’emigisha y’omu iguru.

► Taata, garuraho omwanya gwa ibara
kyetengo, ebyeteekateekirwe
n’ebiteeteekateekirwe.

► Mukama, garuraho obuganzi n’ab’
obushoboorozi, abakoresa, ab’amakorero,
hamwe n’abarikukwatanisiza hamwe.

► Nitunga obwengye bw’omutaano

kubaasa kurinda obugaiga, n'okurinda emigisha n'obwesigwa.

► Taata, garuraho ebyo byona ebitwire biburiire omu ndebeerera mbi, okukyerererwa, nari okutaahirirwa Sitaane.

► Mukama Yesu, ninyakiira emirimo y'omutaano, hamwe n'ebigyendererwa ebirikubaasa kurugwamu okweyongyera.

► Ahabw'Omusharaba, reka ibara muhanda gw'obugaiga ogutwire gukingiirwe, hati gushenenekyere omu magara gangye.

► Taata, garuraho obusingye n'okushemererwa naaba ndiyo nintaaha omu mugisha gw'esente.

► Mukama, ninyakiira omugisha omu mirimo yangye, omu bizineesi zangye, hamwe n'omu bindikukora byona.

► Nindangirira okugarurwaho kw’
eby’oburagwa byona ebituura
bikyererezeibwe, enyongyeza, hamwe
n’emigabo yangye.

► Taata, garuraho obwingi bw’ebijuma
by’emirimo yangye, amakorero, hamwe
n’emigisha yangye.

► Mukama, reka akakwate kangye na
Ruhanga, kareete okweyongyera hamwe
n’obuganzi.

► Ninyakiira okugyenda omu maisho
okw’omutaano ahabwa purogyekiti zoona,
emirimo, hamwe n’emigisha.

► Taata, garuraho buri murimo
gw’empatani gwona, endagaano, hamwe
n’okukorera hamwe ebitwire bikingiirwe.

► Mukama, teeze kabiri ibara njuma
ei ndikubiba, harugyemu eisharuura

rirungi kandi rihango, hamwe n’obugaiga.

►Nitunga okugarurwaho kw’ekitiinisa, obushoboorozi, hamwe n’eiziina ebirikwetereza okugira obuganzi.

►Taata, garuraho obuganzi n’abahabuzi ba Ruhanga, abeebembezi, hamwe n’abarikukora nawe.

►Mukama, reka emigisha esheeshekye omu nju yangye, omu ka yaitu, n’omu butumwa bwangye.

►Ninyakiira okugarurwaho kwa ibara muhanda gw’esente ogwabaire gukoreseibwe kubi, nari gubuzire omu bwire bw’enyima.

►Taata, mpeereza ebintu ebirengire okwetegyereza kw’omuntu, kandi ebiteine na kigyro.

►Mukama, ninyakiira okugarurirwaho

ibara mugisha gwangye
gw'okutunguuka omu by'esente.

► Nindangirira okugira obuganzi
bw'omutaano omuri ibara banka, omu
bizineesi, n'omuri buri kimwe eki
ndikutamu esente.

► Taata, garuraho ebijuma by'eitaka
ryangye, amatungo gangye, hamwe
n'emihanda yangye y'entaasya.

► Mukama Yesu, yongyera kandi
ogarukye oteezemu kabiri omu sente
zangye.

► Nintunga okugarurirwaho aha birabo
byangye ebyakyererezeibwe,
eby'oburagwa byangye, hamwe
n'omugisha.

► Taata, reka ibara mugabo gwangye
ogutwire guremeseibwe emikyeeno,

zaabutandu, nari okukyererwa hati
birekurwe.

► Mukama, nitunga okweyongyera
omu by'entaasya, emirimo y'empatani,
hamwe n'okutunguurwa aha murimo.

► Taata, garuraho obusingye
n'obwesigye omu kurinda eby'obugaiga
n'obwingi bwabyo.

► Mukama, reka obuganzi bwawe
bw'omutaano bwigire enyigi nsya
z'okuheereza, hamwe n'omugisha.

► Ninyakiira okugarurirwaho ibara
ndagaano y'esente, hamwe n'ebiraganiso
ebitarahiriziibwe.

► Taata, yaakiira emiganuro y'emirimo
yangye, kandi ohaasirire n'ebitara
byangye biijure. (**Enfumu 3:9-10**)

► Mukama, shumuurura emigisha
y'okukanyisa eitungo, hamwe

n'obugaiga omu magara gangye.

►Nindangirira okuteezibwamu
kw'omutaano aha kindikukwataho kyona
ahabw'ekitiinwa kyawe.

►Taata, ta omugisha omu bindikuba
ningambaho, hamwe na zaabizineesi
ezi nyinemu omukono.

►Mukama, reka emigisha yangye
yoona eyaakingiirwe egarukye
n'amagoba gaayo, kandi eshaagaane
omuri ibara kicweka.

►Taata, omu iziina rya Yesu, okurabira
omu maani g'Omusharaba, n'eshagama
y'omuhendo buzima, naagarurwa busya,
naagira okuheebwa omu bwingi, obugaiga,
hamwe n'obuganzi, ebyahindura ibara
mukyeeno kuba omugisha, hamwe
n'okuburwa ebintu kuhindukamu ebintu
nyamwingi. Amiina.

ESHAARA Y'OKUHENDERA

Taata ow'omu iguru, omu iziina
ery'amaani erya Yesu, okurabira omu
maani g'Omusharaba gwe, n'eshagama
ye ey'omuhendo buzima, nimpendera
ebiro ebi mwenda eby'okweshengyereza.
Ibara mukyeeno guhindukiremu
omugisha, okukyererwa kwona
kwarugamu omugasho, ibara kufeerwa
kwarugamu bingi. Ninkusiima, Mukama,
ahabw'okugaruraho busya esente zangye,
okurekura obuganzi bw'omutaano,
hamwe n'omugabo ogurikuguma nigwija.
Ekitiinwa kyona, n'okuhaisibwa byona
n'ebyawe ebiro n'ebiro. Omu iziina rya
Yesu. Amiina.

Ekitiinwa kube ahari Taata, n'ahari
Mwana, n'ahari Mutima Orikwera,

nk'oku kyabaire kiri akare na kare,
kibekwo na mbwenu, n'obutoosha,
n'ebiro byona. Amiina.
(Eshaara ogishome emirundi eshatu)

ESHAARA Z'OKUSIIMA

► Taata, ninkusiima omu iziina rya Yesu, ahabw'okungaruriraho ibara mugisha gwangye ogwabaire gubuzire, nari gukyererezeibwe.

► Mukama Yesu, ninkusiima ahabw'okuhindura ibara mukyeeno o kaguhinduramu omugisha, kandi n'okumpa bingi omu magara gangye.

► Ahabw'amaani g'O musharaba, ninyesiimira omu kugarurirwa amagara, amaani, hamwe n'oburungi.

► Taata, ninsiimira emigisha y'esente, okutunga ebintu, kandi hamwe n'okutuubuukirwa kw'omutaano.

► Mukama, ninsiima eiziina ryawe ahabw'okunyiguriraho enyigi z'omugisha, okutunguurwa aha murimo,

hamwe n'obuganzi.

► Ninkusiima Yesu, ahabw'omukago, hamwe n'akakwate ebirikureeta okutunga ebintu.

► Taata, ninkusiima ahabw'oburinsi bwawe aha mihanda yangye ya sente, obugaiga, hamwe n'emigisha ebi orikumpeereza.

► Mukama, ninkusiima ahabw'okushemererwa, obusingye, hamwe n'okweyesiga ebirikushenenekyera omu magara gangye hati.

► Taata, ninshemerererwa ibara ndagaano erikuhikiirizibwa, ibara ndagaano y'omugisha erikutungwa omu iziina rya Yesu.

► Mukama, ninkusiima ahabw'okwijuriza enju yangye, omurimo

gwangye, hamwe n'eka yangye
n'omugisha gurikusheneneka, kandi
n'ebi orikumpeereza.

EMIHANDA 10 Y'OKURINDA EMIGISHA OMU BY'AMAGARA N'EBY'ESENTE

► **Okusiima buri izooba** – Tandika ibara izooba n'okusiima Ruhanga, ahabw'emigisha yaawe, n'okumusiimira okukurinda obutafeerwa.

► **Oburiisa burungi** – Okurinda eby'esente n'obujunaanizibwa, n'okuheereza Ruhanga emiganuro hamwe n'emitoiyo. (**Enfumu 3:9-10**)

► **Okweshengyereza buri kaanya** – Gumizamu noshaba, n'okugumyaho akakwate kaawe na Ruhanga. Okugira amaani g'omutima nikurinda omugisha.

► **Orinde oburungi bw'omubiri gwawe** – Orye kurungi, ohuumureho, okore ebisasayizi, kandi ogume otungye

obuhabuzi bw'abashaho ku
kiraayetaagise, okimanye ngu omubiri
gwawe n'enju ya Ruhanga.

► **Orekye kutwaririzibwa ebitari
Ruhanga** – Gyenda hangahari emitego
y'amabanja, yeerinde eihari, okuramya
ebitari Ruhanga, hamwe n'obuhabuzi
bubi.

► **Gyendera omu burungi** – Ba
ow'amazima aha murimo, omu bizineesi,
kandi n'omugisha gwa Ruhanga
nigukutungisa obuganzi. (**Enfumu 10:22**)

► **Gira amatsiko omu bantu, hamwe
n'omu butumwa bwawe** Heereza
abandi bantu ekitiinisa; okugira obufura
nikureeta emigisha. (**Luka 6:38**).

► **Rangirira emigisha yaawe** – Gamba
kurungi buri izooba aha magara, aha

kuheebwa n'okwakiira, hamwe
n'obuganzi; ebigambo birungi
nibyombeka amagara.

► **Okugumizamu nooyega, kandi
nooyeyongyeraho** – Reebe ngu
nooyetebeekanisiza ebirungi ebiri omu
maisho; Ruhanga naaha omugisha
engaro ezirikuba zeeteekateekire.

► **Rinda obwengye bwawe n'omutima
gwawe** – Rwanisa okutiina,
okwerarikirira, eihari, nari ekiniga;
yombeka amazima, obusingye, hamwe
n'okumarwa.

AKAGAMBO K'OKUTEERA OMUHIMBO AKARIKUHERERUKA

Abakundwa, eri izooba waatandika
eshuura nsya. Ibara mukyeeno
oguhindukire omugisha, hati
nigwegamira okwikiriza kwawe,
okusiima, hamwe n'obuhurizi.

Omugisha gwa Ruhanga
nigushenenekyera omu magara gaawe.
Imuka ogyende nooraba omu magara
gaawe, omu bwingi bw'esente zaawe,
n'okuheebwa okwijwire. Gira amatsiko
ku Ogwo owaatandikire omurimo
murungi naija kugumariira, kandi
n'ebigyere byawe byeyongyere
kureetera Ruhanga ekitiinwa,
n'okuhitsya omugisha aha bandi bantu.

Ijuka: Okugarurirwa tikugira ngu
n'okuheebwa kwonka; n'okutuurira
omu magara g'okwikiriza, okusiima,
hamwe n'oburungi ibara izooba.

Gumizamu noogamba amagara,
ogyendere omu buhurizi, kandi oyakiire
obutungu bwe otaine kutiina kwona.

Ahabw'eshaara, emigisha, hamwe
na rukundo,

Rev. Fr. Alexander Mwebembezi

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